

The Northern Exposure

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On the Cover

Phot of The Addams Family Cast and Crew by Maria Smith

December

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Good Parenting Benefits Children's Psychology

PrajuktaGhosh-StaffReporter



Photo by Tiyah Gipson

Parents are the most important part of development when it comes to raising children. Parents can be very helpful and effective in guiding and nurturing a child as they grow. It is essential for a parent to understand that every child has a different perspective and trait in order to outshine in his/her lifetime or accomplish one's goal.

"People should know that Child and Adolescent Psychology is a developmental class for children, many of my students think it will be more like mental illness or something heavy and theory related to trauma, and we talk a little bit about that just in the way it could impact our development goals," Jessica Struckhoff, Child

and Adolescent Psychology teacher, said.

Supporting and helping to their kids from infancy to adulthood is what parenting is all about. Good parenting demands enthusiasm, kindness, respect, cooperation, support, love and affection. Good parenting also helps children fight depression, anger, anxiety, stress or abuse in many ways. Emerging adults need more love from their parents than young children. They expect for more emotional support which might help them regulate and reflect their confidence to others.

"Empathy, understanding and helping are the main three objective of parenting," Struckhoff said.

The Human Services profession is one which

promotes improved service delivery systems by addressing not only quality of direct services, but also seeking to improve accessibility and patients in delivering services. The primary purpose of Human Services profession is to assist individual and communities as effectively as possible in major domains of living. Human Services has its roots in charitable activities of civic and religious organizations that date back to the colonial period.

"I think the best way for a student to get involved in these activities is by donating some time to the charities who deal with such issues, and there are also plenty of activities that go on in Lee's summit," Michele Holt, Human Services teacher, said.

By utilizing these skills along with the personal abilities in the form of communication, the Human Services professional helps their clients to prosper and glow in that field with happiness and positive outlook towards others. The impact of Human Services on the society is very significant. The entire community benefits from the extreme impact of the Human

Services professionals. The study of psychological processes of children, and particularly how one can distinguish that from mental illness regardless of the age is known as child psychology. Child Psychology is a specific branch of psychology that focuses on the psychological behaviours and development of children from a different perspective of people. Learning to deal and regulate the basic emotions of life can be laborious for some children. Aiding those children understand their emotions early can have a powerful impact on current and future emotional development. A child psychologist can help a child understand and express their emotions.

"I think that parents should be aware that this is a college-level text, and their children will be expected to synthesize sensitive topics and will often be asked to have conversations at home about what they are learning, the course is designed to included familial interaction," Struckhoff said.

Children typically reach developmental milestones and it is due to quality parenting.

Clothing The Gap

AJConner-StaffReporter



Photo courtesy of Cydni Stanford

The older a student, the more likely their wardrobe consists of mainly hoodies and tee shirts, but some students make high school their red carpet.

Take Cydni Stanford, for example, who somehow manages to balance an extensive list of extracurriculars with a dazzling eye for apparel.

"It's pretty hard sometimes during the school year to create when I have all these other things going on, but I also think I create the best things



One of Cydni's sketches, courtesy of Cydni Stanford.

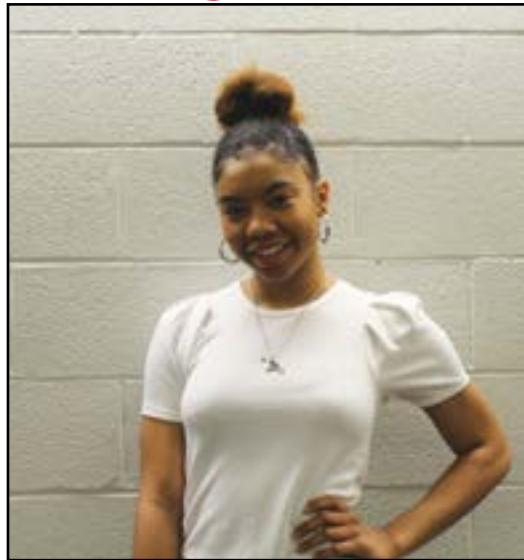


Photo by Tiyah Gipson

whenever I'm stressed, which is kind of weird and ironic. I think fashion is like a release for me, so whenever I'm stressed with school, or with cheer, or with the step team, I can just sit down and create," Stanford said.

In fact, working around issues gives Cydni's fashion a new direction.

"Once, she was looking for things to use to make clothes and purses. We didn't have a whole lot of material at the time, so she started looking and found one of those big books of maps. She tore out a huge sheet of paper with a giant map and she folded it up and created a purse. She even added a button to it. There's just no trash around Cydni, she will find a way to make anything into something," Tasha Stanford, Cydni's mother, said.

Needless to say, Stanford owes much of her inspiration to her mother.

"I think my mom has been my biggest influence, because--I still do this to this day--I used to go in her closet and just take her clothes. I made random outfits out of her clothes, like her vintage clothes that she kept from the 80s and 90s. She's a really big factor in it," Stanford said.

Stanford's heritage has contributed to her fashion beyond having a supportive mother.

"When I was a little kid, growing up and going to a predominantly white school, I wasn't exposed to my black culture as much. Growing up and learning about my culture has definitely impacted my fashion; with headwraps and everything, learning what a dashiki is, being political and being black has really impacted me a lot. I've learned about my culture and converted that into what I wear and into my style," Stanford said.

For students who know Stanford, she is always remarked for her authenticity.

"I think that it's very important in life to stick to the thing that makes your heart smile; fashion is it for Cydni. I'm just proud she's doing what makes her heart smile," Mrs. Stanford said.

Stanford is anticipating attending Mizzou for Fashion Design. Perhaps Gucci and Ralph Lauren will soon be joined by Stanford's brand--just as soon as she decides what to name it.



A sketch by Cydni Stanford, courtesy of the artist.

Winter Bucket List

MariaBisby-StaffReporter

Winter break open up new opportunities. No matter if you would rather stay inside or go see the holiday lights, here are some must do activities to do over the break. This season there are so many new opportunities to do. These are just a few of the activities you can find in the Kansas City and Lee's Summit area.



The Plaza every year holds their annual lighting during Thanksgiving. "Everyone is in a really good mood and happy and once the light comes on they start playing Christmas music along with fireworks," Brooke Rothfus, senior, said. This year marks the 89th annual lighting. The lights also bring visitors into the many stores and restaurants that the Plaza has to offer such as Grand Street Cafe and The Oliver.



There are more local places for lights such as the Magic Tree. The Magic Tree is a tree covered in lights and is said to bring hope, joy, and peace for the holiday season. "[One of my favorite parts] is taking pictures with friends," Katie Dau, junior, said. Many people go to the Magic Tree to experience the light and spirit it brings.



Not so far from the Plaza, Crown Center has its own ordeal. Crown Center ice terrace opens up in early November and is open until mid-March. Admission is seven dollars per person and to rent skates is three dollars. Crown Center lights and tree bring out the holiday spirit. "The vibe down there is great, it just put me into a festive spirit," Sadie Cremer, sophomore, said. The ice terrace at night is lit up with lights.



If you are looking for lights to look at there's WinterFest hosted by the Worlds of Fun through November 21-December 31st. WinterFest started last year and gave people the chance just to look at lights and do crafts. For younger children there are chances to meet Santa and take pictures.



Some inside ideas is one of the most classic christmas stories is the Nutcracker being performed at Spencer Theater. The ballet puts their own twist onto the story through dance.



If you are not into the holiday spirit there's always the Kansas City Mavericks. The Mavericks hockey is one of the highlights of the Independence, Silverstein Eye Center Arena. Mavericks tickets range from 19-41 dollars depending on your seating. "The games are always fun, they always have a good game and it's entertaining to watch," Alyssa Thurman, sophomore, said.



Hot Movies to See During the COLD Season

MadiSmith-CopyEditor

Winter break is coming up, and although schedules are quickly filling up with Christmas festivities, one easy way to relax is curling up under a blanket with hot chocolate and a movie. Here are some new must-see movies for winter break this year, plus a little bit about the storyline for each one. Do not worry, there are no spoilers here.



“**Aquaman**”, an iconic DC Comics character, finally has a movie of his own. Directed by James Wan, the movie comes out December 21. The movie is about the ruler of Atlantis who is also the King the Seven Seas. This ruler, named Arthur Curry, is played by Jason Momoa. Half-human and half-Atlantean, Curry has super-human strength, the ability to manipulate tides and talk to aquatic life. However, as the “surface world” rages about the sea, and the Atlanteans want to revolt, Arthur needs to protect the world.

“[I would go see] the new “Aquaman” because of the Justice League and I like DC comics,” Matthew Lewis, junior, said.

“**Mary Poppins Returns**”, a sequel to the original “Mary Poppins,” comes out December 19. Directed by Rob Marshall and written by David Magee, the film is based off of the book series P.L. Travelers, as well as the previous “Mary Poppins” movie. It is set in 1930’s London and follows Michael and Jane Banks, just like the first movie. These two characters are respectively played by Ben Whishaw and Emily Mortimer. However, a big difference in the movie is that both characters are now grown up. Michael, living with three kids and a housekeeper suffers some sort of loss, resulting in Mary Poppins, played by Emily Blunt, paying a visit to the Banks family in order to help them out.

“I have not seen the original “Mary Poppins” in a long time, but I am still excited to go see the new one,” Madeline James, senior, said.



“**Welcome to Marwen**” comes out December 21 and is about a man named Mark Hogancamp who is a victim of a violent assault. Played by Steve Carell, a well known actor from “The Office,” Mark creates a miniature World War II village by the name of Marwen in order to aid his own recovery. In this miniature world, he includes some of his best gal friends, who help him throughout his adventures and recovery in Marwen.



“I would go see “Welcome to Marwen” because it interests me the most. I like how it is based on a true story. Having Steve Carell as the main actor really makes it a good movie. I like the story behind it and how it really tugs at the heartstrings. It pushes its viewers to be courageous and to stand up for what they believe in,” Trevor Luzum, senior, said.

As Winter break is just around the corner, be sure to hit the theaters as these need-to-see movies come out. However, be sure you get to the theaters before you get snowed in!

Christmas Opinions & Traditions

LeeloCox-StaffReporter

When someone spends time with family over the holidays, they come to enjoy a big meal and open gifts. I believe that Christmas it is all about family. If you have the ability to spend time with your family during the holidays, make that a priority. The holidays, especially Christmas, are all about family.

“Christmas is a time to reflect and to be thankful for family and Jesus. What he did for us, his birth, and his significance,” Jessica Brown, English teacher, said.

There are a lot of family traditions when it comes to Christmas. Some include baking Christmas cookies or going on a vacation with the kids.

“Every year during Christmas break, my wife and I would take our kids to Branson. We would watch the “Polar Express” at the event they have there and drink our hot chocolate,” Justin Collis, history teacher, said.

Some people open a gift on Christmas Eve just for the fun of it.

“I especially loved how we always opened a gift

Christmas Eve, and it was always pajamas. Our family would all have matching pajamas to wear that night and on Christmas morning,” Georgia Baxter, freshman, said.

Christmas means different things to people, and they all have different opinions and beliefs on what Christmas is or what it means.

“Christmas being a religious holiday to celebrate the birth of Jesus, it still reaches out to people who aren’t religious. They can still celebrate it in comfort,” Brown said.

Many people go to church, and there are different events at different churches.

“There is usually a Christmas play at our church, like “The Grinch”, or “Christmas Carol”, some sort of popular Christmas movie and we always go and see it with our grandparents,” Baxter said.

When you were a little kid you probably did something special with your family. It was probably something memorable and fun with your siblings or your grandparents.

“When I was younger, me and one of my brothers, the one closest to my age would have fun slumber parties on Christmas Eve just to make it more fun and exciting,” Brown said.

As you get older many things change, people get married, or they move out. In many cases your holidays and how you celebrate them begin to change.

“I got married over the summer so this Christmas is the first Christmas being married to my husband. I will have double the family amount to see and celebrate with. I also live in my own place now so I have to decorate my own stuff, I have to buy

that stuff still,” Brown said.

Some things happen to different families. People move a lot, and traditions change.

“A lot has changed since I was younger. We have moved a lot and with every new place we move to, we take old traditions with us and make a lot of new traditions. It is definitely longer and we start putting up decorations earlier. We also used to buy all of our gifts, but at least one of the gifts given to each family member is handmade,” Baxter said.

Christmas is a time of joy. It was meant to be a religious holiday but many people find spirit without religion.

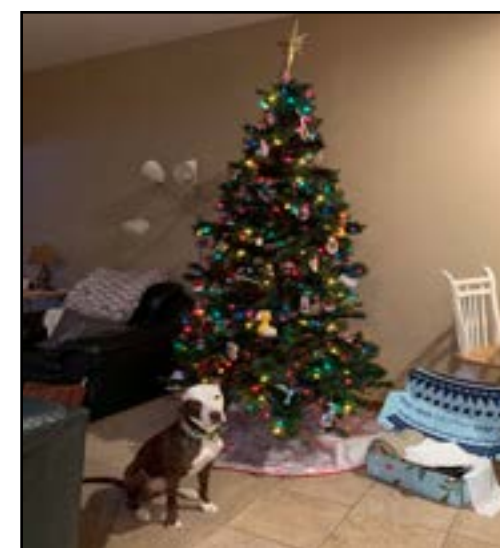


Photo courtesy of Jessica Brown

The Best Ice Cream in Lee's Summit

Jillian Jamaledin-EditorInChief

Even though it may be getting colder out, ice cream is considered a year round dessert by many. Lee's Summit has multiple ice cream shops to offer, so I decided to test them out to find the best ice cream in town, even in the winter. This test was based off of my go-to ice cream, chocolate with Reese's cups.



Photo by Jillian Jamaledin

One of my all time favorite ice cream places to visit in Lee's Summit is Custard's Last Stand. They have a big selection of custards and concretes to choose from that should accommodate for anyone's taste. At Custard's, you can either pick from one of their signature concretes, create your own or choose another option such as a shake or a cone/cup.

"[My favorite ice cream place is] probably Custard's because they have a great variety of concretes," Katelyn Warner, senior, said.

Others have a greater interest in the newer type of rolled ice cream at places such as Freezing Moo or Roll With It. Both of these places create an inviting atmosphere and allow you to enjoy the entire experience, including watching the ice cream being made. There are multiple choices on the menu to have created by the staff and then you can choose whatever toppings you want to finish off your ice cream.

"My favorite ice cream place is Roll With It because I really like their coffee ice cream," Cassidy Folken, senior, said.



Photo by Jillian Jamaledin



Photo by Jillian Jamaledin

Andy's Frozen Custard is a one of the newer favorites in Lee's Summit. They are said to do things the "old-fashioned way" by having people order at the window instead of through a speaker. This allows there to be an actual interaction between the workers and the customers. However, the only downfall of getting ice cream at Andy's in the winter season is the lack of indoor seating. So unless you decide to eat outside, in the car or take the cold treat home, Andy's is not the best place to sit around with friends or family. Yet, they still have high quality custard and provide other options such as cream soda.

Another notable option is going to an ice cream place that is also known for serving food as well. There are places in Lee's Summit such as Culver's, Freddy's and Dairy Queen that have numerous food and ice cream options. All of these places have signature blizzards or concretes as well as options to create your own. The best part of these ice cream locations is the ability to enjoy a meal and then dessert.

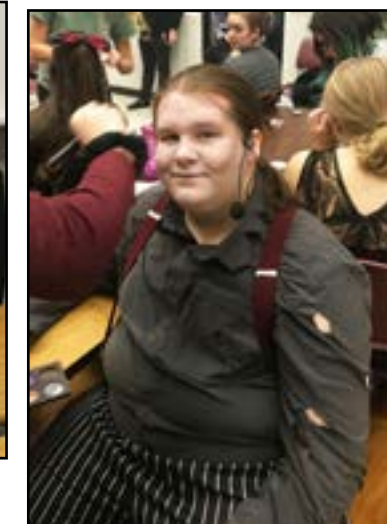
"[My favorite ice cream is] Dairy Queen's because they have many different varieties of ice cream and very good blizzards," CJ Paden, senior, said.

No matter where you go for ice cream in Lee's Summit, you cannot go wrong. There are several different locations to grab a cold treat, even in the winter, that can fit whatever ice cream craving you have. In the end, however, my favorite ice cream place in Lee's Summit is Custard's Last Stand.



Photo by Jillian Jamaledin

NORTH IN PHOTOS



Photos by Tiyah Gipson & Maria Bisby

Medical Marijuana Now Legalized in Missouri

DavidStevens-StaffReporter

As of the recent mid-term elections medical marijuana is legal in the state of Missouri. However, this does not mean that anyone can just go to the doctors now and purchase marijuana for medicinal purposes. There are numerous factors going into its implementation.

“The Missouri Department of Health and Senior Services will spend months developing rules before the first medical marijuana card is even applied for, much less granted,” Andy Morso said, Courtesy of the Kansas City Star.

These applications will begin to be accepted Jan. 5, 2019. Even then medical marijuana will not be readily available until the first state-licensed dispensaries are opened, likely no earlier than 2020.

This does not mean that everyone has a free pass to use medical marijuana in any way they would like. For example, those working in federal and some private sector settings are still susceptible to drug checks, and are liable to be prosecuted if

the test shows they have used marijuana. Also, people receiving money from federal sources, like veterans, may lose access to VA benefits if found to be using marijuana. Anyone in the transportation field, like bus drivers, cab drivers and those employed under groups like Lyft and Uber can also be prosecuted.



Graphic by April Cowan

In addition, federal law states that individuals who use medical marijuana can not purchase or carry firearms, even if medical marijuana is legal in their state.

Despite these issues the support for legalization of medical cannabis is high.

“According to surveys

from recent years, public approval of medical marijuana has indeed increased, remaining above 77 percent since 2011.” Courtesy of Statista.com

At this point a majority of states have already legalized it as also stated in Statista.com

“Marijuana, also known as cannabis, has been approved for medical use

in 33 states, as of November 2018,” Courtesy of Statista.

“The most common use of medical marijuana in the United States is for pain control... Part of the allure is that it is clearly safer than opiates,” Courtesy of Harvard Health Blog.

Medical marijuana has been prescribed by doctors to treat nerve pain, tremors, manage nausea, manage glaucoma and PTSD. This is not an exhaustive list but an example of some of the way it is used. Some medical marijuana treatments are less controversial as the medication uses only CBD.

“Least controversial is the extract from the hemp plant known as cannabidiol (CBD) because this component of marijuana has little, if any intoxicating properties,” Courtesy of Harvard Health.

The evidence is still coming in regarding how medical marijuana is most effective and using it as medical treatment is still controversial, even in the medical community.

Hopefully the increase in research that is happening now will help doctors understand how it can be part of a comprehensive treatment plan. Once we know more, opinions about medical marijuana can be more evidence-based and less based on the politics of the moment.

All About the Number: Scores, Struggles and Strategies

KaylerSmith-StaffReporter

Whether one likes it or not, the ACT is a widely discussed topic. Students habitually ask their classmates about their scores, struggles and strategies. The upcoming ACT on Dec. 9 has sent juniors and seniors into a frenzy in attempt to best prepare themselves, but what is the best way to prepare?

“The biggest thing with a lot of it is lots of practice because it’s a test that no one has really seen before, you don’t take a lot of them in school and it’s kind of its own little animal. One of the best things they can do is be exposed to it a lot with the style of questions, how they’re asked and what they’re looking for,” Brad Ralston, ACT Prep teacher, said.

The painstaking crucial step in the college admissions process adds pressure to already stressed high school students.

“The fact that it determines your future places a lot of stress on students because the fact that an ACT can help you financially I think is super stressful. With your goals, you have to have a set ACT score and if you don’t have that you could completely have to change your career path or college path,” Megan Pulis,

senior, said.

The culture among upperclassmen begins to change with the obligation to test. Students care less about their knowledge and understanding of content, and more about the results and what they need to do to achieve “the number”.

“English teachers teach to the test junior year, so instead of focusing on analysis skills they focus on test skills, and that doesn’t really help you in life,” Sara Witteman, English teacher, said.

Across the country, the level of education everyone receives is differ-

ent. Even two classes taught by the same teacher are not always consistent with grades and content. Standardized tests provide an even playing field for every high school student in the country to show what they know.

“It’s based on what kinds of teachers, what kind of school district, what kind of administration, what kind of policies, and so standardized tests are the one thing that is mainstreamed and they’re constant, they’re objective,” Shelley McCain, guidance counselor, said.

However, they are not always advantageous to all student’s abilities and knowledge.

“It’s pretty annoying because I’m not the best standardized test taker, but I can achieve fairly high in the classroom. But I feel like it doesn’t show on the test, so that’s really frustrating,” Pulis said.

Whether looking to get a first time score or improve by a few points, preparation is proven to be the best option. For the upcoming December test, LSN offered three evening prep sessions on Nov. 29, Dec. 4 and Dec. 6 at 5 p.m.

Minimum Admittance Scores

 University of Kansas	24	
 Pittsburg State University	21	
 Northwest Missouri State	21	
 Kansas State University	21	
 University of Central Missouri	21	
 University of Missouri	24	

A+ Lets You Earn Over \$6000 for College



KatieLangle-StaffReporter

With the cost of college spiraling out of control, there is a program that can help you complete your first two years of college for almost nothing. A+ is a program run by the state of Missouri that helps students pay for two years at any Missouri community college.

A+ is easy to sign up for and will be extremely beneficial in the long run. The process begins by getting a form from outside of the A+ office, room 2128. After all of the paperwork is completed, you must go to a training session. The tutor trainings are offered once a month, in room 2317, during bronco time. Dates for the training can be found on the bronco time schedule.

There are a few simple re-

quirements that must be met in order to qualify for A+.

"You have to have a 2.5 GPA, that's not weighted, cumulative you have to have 95% attendance, over all four years you have to have proficient or advanced on your EOC for algebra 1 and you have to do 50 hours of tutoring with district students," Jenn Mooney, A+ coordinator, said.

Students must also complete the FAFSA, the Free Application for Federal Student Aid, each year they plan on using A+.

It is encouraged that students begin tutoring before their senior year so they can finish their hours in a timely manner. The tutoring hours can be fulfilled in a few different ways. Students are able to volunteer at Kids Country. Kids Country

is an after school program for elementary kids in the Lee's Summit R-7 school district. A+ participants can also volunteer at the Special Olympics or tutor other LSN students in subjects like math.

"I am doing the Kids Country at Richardson and it's really fun because you get to hang out with kids and help them out if they need it," Katelyn Warner, senior, said.

Once the A+ requirements are met, students receive a special stamp on their high school transcript. This qualifies students to receive up to \$170.75 per credit hour to cover their tuition at any public Missouri community college or vo-tech school. It will cover the student's entire first associate's degree or

certificate program plus the general fees. General fees are costs that are paid for by every student. Special fees are not included, this means uniforms, lab fees, books or equipment. If community college does not seem like a good fit that is okay, because lots of Missouri four year colleges will give scholarships for the completion of A+.

"I'd recommend A+ because it saved me from being in a lot of debt in my first year of college, it was an easy program to do for a lot of pay off," Tori Jamaledin, alumni, said.

If you are interested, go by the A+ office, room 2128. A+ can provide many wonderful opportunities that students otherwise would not have.

Graphic by April Cowan



Avila University awards \$500 annually.



Missouri State awards \$500 annually.



Northwest Missouri State Awards \$1500.



Truman State awards \$500 annually.



University of Missouri Kansas City awards \$1500 annually.

Dive Into Swim With Girls Swim and Dive Team

MariaSmith-JuniorEditor

Swim team is not for the weak. With the boys finishing off their season strong, they made way for the girls to take the pool for the winter. Between the new and returning, the team is highly motivated and full of talent. Coming off of fourth place at conference last year, they are only set to improve.

"The team is definitely smaller this year, but I don't think that that's really a bad thing. I think that we are able to be a lot closer with a smaller team, and we are able to be better teammates. We have a lot of talent this year and I think that it's going to be a good season," Hayden Bentley, senior, said.

While the team has shrunk since last year, it is not necessarily a bad thing. There might be less seniors than before, but they are still sure to leave their

mark on the program.

"We only have four seniors, last year we had a lot more, but the ones we have are more quality and give the team more depth," Melissa Shepard, head coach, said.

Because of the lack of upperclassmen, the underclassmen have been given more growth opportunities.

"The girls on the team this year are all fairly young and open minded. There are a lot of girls who are trying swim for the first time. They're willing to put themselves in new situations which I think is really good," Shepard said.

Shepard, while being an assistant coach in the past, is now the head coach. While the team will miss Coach Ray, they are excited for the change in leadership.

"I think that she's going to kill it being head coach this year,"



Photo Courtesy of Melissa Shepard

Kelly Connolly, sophomore, said.

Shepard is also excited about her change in position and is looking forward to making this season a memorable one.

"It's one of those scenarios where you don't know what you don't know. You just have to try and fail, trying to get better, and trying to get them to improve also," Shepard said.

The mood at practice is almost always light-hearted, the girls like to make practice an enjoyable time with chatting and joking around. It can be hard to stay cheerful, however, when you do not

always do your best.

"A lot of people have a tendency to, when they do bad once, to just kind of let it get them down, and let it effect them. It is pretty hard to not let that kind of stuff get in your head, but I do think that we need to work on that," Connolly said.

While this season's practices started a bit rough with the boys post-season overlapping and having to share some of their pool time, they are still sure to do amazing. The girls started their season with home meet and will compete this weekend in the Winnetonka Invitational. Best of luck.

LADY BRONCOS: "PIN IT TO WIN IT"

TiyahGipson-JuniorEditor



The Girls Wrestling Team listens to instructions. Photo by Maria Bisby

For each year that North has been open, the girls wanting to wrestle have had to join forces with male wrestlers and be on a co-ed team. This year, the Broncos will be adding a new and improved addition to the wrestling program. Not only will they have a team for the guys, but now the girls will have their very own team to wrestle on.

"People think it's a fairly neat thing and that it gives a more even playing field, it will be a lot better for the girls because of the difference in builds between girls and boys," Lauren Echols, sophomore, said.

This, to many people, came off as a surprise and some could not even believe it. The girls of this wrestling team are very excited to finally have a team of their own.

The process for the girls wrestling team will be the same process the boys have. The only difference is that it will actually be with other girls.

"We have had girls on our wrestling team every year I have been at LSN, but this is the first where they will have their own district and state championship where girls will only wrestle other girls," Mike McGurk, athletic director, said.

According to Max Preps, the place to find any stats, videos and articles of high school sports, girls wrestling at the high school level is a growing sport across the country and in addition, five states in the U.S. now hold sanctioned championships for the girl wrestlers.

"Having girls wrestling

has greatly increased the numbers across the state. I have heard that over 800 girls are out for wrestling in the state of Missouri," Mick Cronk, wrestling coach, said.

In the past, there have been many problems with girls joining the wrestling team. A couple of those problems being that boys were scared of being beaten by the girls or they would forfeit for just the simple fact that a boy may not want to wrestle a girl.

Now, it does not matter what any outside person thinks about girls wrestling. As long as the wrestlers want to wrestle, they will get that chance.

"It should go decently, a lot of the girls on other teams will be new too so the new girls on our

team have a good chance of winning. I think it will help how the girls do in the overall season because we will be wrestling people with the same experience level," Echols said.

It is said that this season will be good, it will take a lot of work, but it will be a good season and the girls are looking good too.

"It is a good group of girls who are determined. One in particular has been wrestling on the boys team for three years, so as a senior, she will have a chance to win a championship," McGurk, said.

Everyone should come out this season and see what the girls of the Broncos Girls Wrestling team can really do.



Photo by Maria Bisby

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GUESS THE HOLIDAY MOVIE

1. This movie has been made, remade and remade again. The Dr. Seuss classic just got another upgrade with a movie that was released earlier this year.

2. This movie's main character is known for his clever tricks and his family is known for their bad memories. Together it makes for a great classic for anytime of the year.

3. This movie is about a divorced father of one who gets a surprise life launched onto him after a guy in a red suit falls off of his roof. He is then told that he is crazy and is no longer allowed to see his son.

4. This movie is about a kid who takes a series of risks to go see a guy in a completely different country. He is accompanied by two other children and talks briefly to a hobo ghost.

5. This movie is about a delusional grown man who lacks the social skills of a functioning adult. He decides to throw himself into the real world to find his family and somewhere he really belongs.

6. This movie is set in the year 1940 and revolves around one boy and his obsession with getting a gun. Throughout this movie you are reminded just how dumb kids can be with events like getting your tongue stuck to a frozen pole.

7. This movie has been done countless times with countless people playing the leads. One very notable version is with the muppets, who bring comedy and cuteness into this normally dark story.

8. This movie revolves around a girl whose life seems to be falling apart. She struggles to keep it all together and impress her family with her brand new "boyfriend" while they stay in a cabin in the middle of nowhere for the holidays. There's crazy grandma who has a gun and a killer jail scene, which makes this a hidden gem.

V B E L T C F M W N G Q H I O
 G O G T H K S I A Z N Q H E W
 Y O F I A B J M G N I O C P D
 E V L L W L W G F A T O I O I
 C L B Z U O O P Q M A R W I E
 Y R A M N R W C D B K G B I L
 K G G S Q J R W O B S F Q H K
 S N O W D A Y Y V H E I Z H Q
 Z D R Y Q K I G F F C Y G Y B
 M S J R F Y C V B D I T F V S
 L T D L O U I D C R H N O T P
 H E U T H G C T J A R C B H E
 Q C P B Q K L Y M N O I Z Y R
 D J X T G G E T V J E H O F R
 W O N S D G W V J Q U Z K L S

1. Chilly 2. Flurry 3. Hot Chocolate 4. Ice Skating 5. Icicle 6. Snow
 7. Snowday 8. Snowman

SPOT THE DIFFERENCE

8	2		4		1	6	5	
				3		8		4
7		9						
		2	7		8	9		
	8	4	5					1
1	7	6						8
				5			8	9
5						4	2	
2		1		4	9			



Graphic by April Cowan.



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1. The Grinch 2. Home Alone 3. The Santa Claus 4. The Polar Express 5. Elf 6. A Christmas Story 7. A Christmas Carol 8. A Holiday in Handcuffs