

In this Issue April

2016-17 Staff

Mindy Haesemeyer	Adviser
Zoey Barnes	Co-Editor In Chief
Lexie Talpers	Co-Editor In Chief
Danielle Zammar	Social Media Editor
Jack Langle Enter	tainment and Junior Editor
Blair Clark	Feature and Junior Editor
	Opinion Editor
Will Mauer	Sports Editor
	Web Editor
Gracie Snook	Photography Editor
Savannah Mullen	Staff Reporter
Jillian Jamaleddin	Staff Reporter
Madisen Smith	Staff Reporter
Rebekah Panek	Staff Reporter
Savannah Henslee	Staff Reporter
Rhayla Huff	Staff Reporter
	Staff Reporter
Jacob Maschger	Graphics Editor

Northern Exposure Policy

The Northern Exposure will strive toward excellence by reporting news accurately, objectively and thoroughly. Providing leadership through editorials and establishing a forum. "Letters to the Editors" are accepted and encouraged, but should be written responsibly, in good taste, free from libel, obscenities and invasions of privacy. "Letters to the Editors" should be less than 300 words and must be signed. Letters may be delivered to room 2103.

1st Amendment

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, or abridging the freedom of speech, or of the press; or the right of people peaceably to assemble, and to petition the Government for a redress of grievances.

ON THE COVER

Girls soccer practices for upcoming season. Photo by Savannah Mullen

Table of Contents:

News

- 3: AFTROTC Cadets Score at the National Competitions Jillian Jamaleddin
- **4:** Downtown Lee's Summit: Something for Everyone Savannah Henslee Feature
- 5: Inside Scoop of the FCA Huddle Madi Smith
- 6: Job Olympics: Bronco Buddies Field Trip Cara Panarisi
- 7: LSN Students Prep for the ACT Jack Langle

Entertainment

- 8: Downtown Lee's Summit Farmers Market Rebekah Panek
- 9: Thing to Come at Worlds of Fun Rhayla Huff Sports
- 10: Alive and Kickin': Girls Varsity Soccer Danielle Zammar
- 11: LSN Broncos Staving on "Track"- Caroline Luna
- 12: Draft Season is Upon Us Will Mauer

Staff Editorial

- **13:** Blocked: Censorship Within the LSR7 District Scribed by Zoey Barnes Opinion
- 14: We are the Same Underneath Savannah Mullen
- **15:** Why Extracurriculars Affect High School Blair Clark Ads

Follow us on Instagram and Twitter

OLSNnewspaper

AND

Chek out our

website

thenorthernexposure.com

AFJROTC Cadets Score at the National Competitions

JillianJamaleddin-StaffReporter

In the national competition for AFJROTC CyberPatriot teams, the LSN team took fourth place overall. Along with that, Cadet Alex Keary placed first in Cisco in the national competition for ROTC. CyberPatriot is the cyber education program for the national youth. The three main programs are the National Youth Cyber Defense Competition, AFA CyberCamps and the Elementary School Cyber Education Initiative. This AFJROTC program was created by the Air Force Association to help lead students to a career in cyber security or other related jobs within science, technology, engineering and mathematics; areas important for the nation's future.

"Our team cared for what we were there to do we fought for the best position we could get because we practiced and practiced till we felt like it was muscle memory," Alex Keary, junior, said.

The national competition is for middle school and high school AFJROTC CyberPatriot teams. The competition places teams in the position of an IT

(information technology) professional that manages the network of a small company. The CyberPatriot teams are responsible for finding weaknesses within an image and creating a stronger system.

"The CyberPatriot team is a team that practices cyber defense. They constantly go to state, and even go to nationals a couple of times. Also, cyber defense is protecting websites and documents from hackers and viruses," Anne Ball, sophomore, said.

A lot of hands on learning is involved to prepare for competitions. Last summer, Summit Tech Academy sponsored a CyberPatriot camp. To add to that, academic presentations are provided by Cyber-Patriot as an introduction. Cisco also contributes a lot of computer based learning on networks and network administration. CyberPatriots run multiple exhibition and practice rounds in the summer and Cadet Corps units. fall, and technical mentors provide more expertise and training beyond the materials CyberPatriot provides.

In order to participate,

CyberPatriot teams are required to have a coach. Coaches do not need to be computer experts, but need to be responsible and help lead their teams in the competition.

To add to that, any student with an interest in the program can join, learn and be successful. **Training** materials provided help the teams prepare for the competition and gain more cyber knowledge.

CyberPatriot teams compete in three divisions. These divisions are the open high school division, the all

service division, and the middle school division. The high school division is open to any of the high school programs and the middle school division is for middle school CyberPatriot teams. On the other hand, the all service division is open to high school JROTC programs, Civil Air Patrol units and Naval Sea

"Cisco Systems, Inc. is an American multinational technology conglomerate headquartered in San José, California, in the center of Silicon Valley, that develops, manufactures, and sells networking hardware, telecommunications equipment, and other high-technology services and products. Cisco sponsors CyberPatriot Competition with others. Cisco supports the competition by providing training, software and the packet tracer competition event," Major Mark Schmidt said.



Junior Alex Keary placed 1st at the recent National Championship competition for the Cyber Patriots and the whole team placed 4th overall. Photo by Gracie Snook

The first rounds of the competition are completed online from the team's home location such as a school, library, etc. The CyberPatriot teams also download virtual images and are in charge of finding their flaws while allowing computer functions to continue working. The team's progress is recorded through a central CyberPatriot score system.

The CyberPatriot did not score first place in the competition, however they ended in the top five, earning their fourth place spot. In the Cisco competition, Cadet Alex Keary did perform the best and secured the first place position at the national level competition. In the competition this year, there were 398 AFJROTC teams, and the LSN team placed sixth overall.



Downtown Lee's Summit: Something for Everyone

SavannahHenslee-StaffReporter

Downtown Lee's Summit loves to celebrate. They have many events in April and May that celebrate a large variety of different things. There is a diverse number things to do in Downtown taste. Lee's Summit so almost anyone can find something to enjoy.

hang out with friends when you there,"Jones said. have nothing to do. Also it is closer than actual downtown Kansas City is," Makayla Nelson, freshman, said.

There are many events that happen yearly or are seasonal. One person can visit the same event multiple times and it will not be ferent types of people within the same experience each time, since there will always be new people.

"I love Downtown Days and me and my friends go every summer," Jasmine Jones, sophomore, said.

Some people like to shop at

some like to eat at the restaurants, some just like to hang out. There are many shops, stores, and restaurants, something can be found for any

"My favorite place is the Black Dog, my friend owns "It is fun and a nice place to the place and we hang out

Downtown Lee's Summit can be a good place to make memories with family and friends or it can be a nice place to hang out and meet new people. With all the different types of shops there are difeach shop.

"Whistle Stop the little coffee place. shop right by the bookstore, I Baughn, freshman, said.

Even for people who decide not to go in the shops or restau-

Downtown Lee's Summit, rants some decide it can nice mance story of two people. Parfor some people is enough.

There will be a Downtown will take place. Bunny Hop on April 15 which Hall Plaza starting at 9:45AM. around 10:00 pm. They will then parade west on

mit and explore.

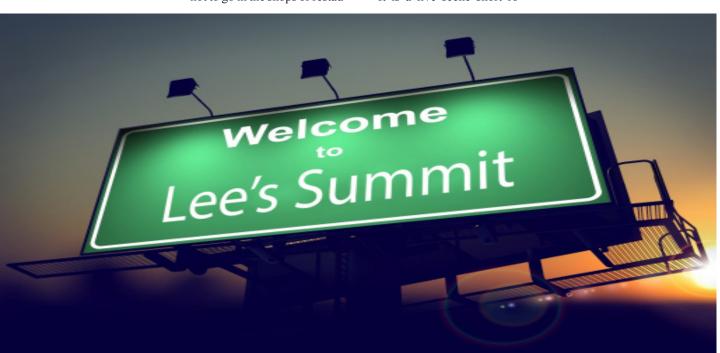
It is a five scene short ro-

place to visit. Just being there ticipants go to each of the scenes and watch to find out how their "I have only been a few times romance turns out. The twist is besides when I'm running," they don't know where they need Rebekah Neitzey, sophomore, to go next until they send you a text telling where the next scene

This is the reason you need to be will have a parade and a best there 15 minutes before it starts. bunny ears and Easter hat con- It starts at 7:00 pm at Red Door cert. There will be prizes for Wine Store. They will do it April the people with the best bunny 28 and May 26 and there will only ears and Easter hat. Children be one performance a day which and families can line up at City will start and 7:00 pm and end

There will also be a Music in the 3rd Street to Howard Station Park event that takes place May Park where the Bunny Ears and 26 that goes from 5:30 to 9:00 Easter Hat Contest will take pm Friday night. It will consist of a variety of music genres played Cellular Cenes 2017 is a cre- live at Howard Station Park. It is love going to that place," Bre ative way to get up and walk encouraged that guest who attend around Downtown Lee's Sum- take lawn chairs and/or blankets for seating.

THENORTHERNEXPOSURE.COM



THE INSIDE SCOOP ON THE FCA HUDDLE

MadiSmith-StaffReporter

Many students at Lee's Summit North attend youth groups at churches all around Lee's Summit. LSN has a club that is similar to the church youth group experience and is open to all dents from around North students, called FCA.

FCA is an acronym for the Fellowship of Christian Athletes and it is a national organization that is based in Kansas City. The FCA's purpose is to introduce people to Christ using athletics and

"FCA is a chance to be around athletes and students

who want to grow in their walk with God," John Gage, science teacher, said.

The FCA Huddle club was designed to be a fun and safe environment to talk about God. Huddle Club or FCA is a club where stumeet and talk about God, sing songs, do raffles and other fun activities. The FCA Huddle also holds a pancake breakfast once a month for all to enjoy.

"I like Operation Christmas Child the best. We do a service project that packs shoeboxes full of Christmas presents that are then sent

all around the world. Kids who may have never had a Christmas present before, get to unwrap the presents we sent them," Michael Hil- ing to my friends speak. bert, business teacher, said.

The Huddle club, or FCA, have a student speaker talk meets every Wednesday during bronco time in Coach my friends get up in front Hilbert's room at 2157.

"I enjoy being involved with students who are passionate about serving God," Mr. Hilbert, said.

The club usually starts off with some kind of raffle for small cool prizes and then they play a game. After the game, the group then transitions into a talk.

> "Usually we have some games at the beginning, then maybe a speaker or an activity or a video. Then maybe some song and dance at the end. Recently we had a group of six young men from a college in Zambia. Africa come in and share their story with us. They also sang songs," Mr. Hilbert said. The club often has student

speakers talking about how God is impacting their lives.

"I love going and listen-Most of the weeks, we and it is very cool to see of their peers and talk about what God is doing in their life," Kaitlyn Hilbert, senior, said.

The atmosphere is fun and everyone is welcome. Even if they don't speak it is fun to just listen to stories about how God works in other people's lives or other things they may have to say about it.

"You should join this club because it is a fun environment where everyone is welcome to laugh and learn. It is a super low key atmosphere, where there is no pressure," Hilbert said

This club is a great way to have fun and learn, and the FCA Huddle is just one great example of all the amazing clubs that can be found at LSN.

Job Olympics: Bronco Buddies Aim for the Gold

CaraPanarisi-OpinionEditor

As the end of the school year approaches, Special Education programs across the metropolitan area meet at Unity Village for students involved in the various programs to participate in an event called Job Olympics.

Those involved with the club Bronco Buddies get the chance to assist and help coordinate this program. Bronco Buddies is a club in which students get the opportunity to befriend and hang out with students in the life skills program.

Every month, those involved with Bronco Buddies plan an activity or event that everyone can attend and hang out at. For example, they get the chance to host a Valentine's Day party after school in February, or even simply attend a school play or athletic game. This is a great way to make new friends and develop those friendships throughout the school year or even beyond high school.

"I like being able to connect with the kids and being able to make friends with all of the Bronco Buddies because they are a lot of fun," Sarah Peters, junior, said

Job Olympics is hosted annually at Unity Village towards the end of the school year in April. Job Olympics is an event set up specifically for students in the life skills program to compete in everyday jobs, such as sorting and counting coupons, bagging groceries, folding laundry and other everyday activities. Some of these students compete to win medals and awards at the ending ceremony, while others just choose to participate for fun.

"I am most looking forward to getting to watch the students' hard work pay off. I also love watching the award ceremony and seeing how excited everyone is to win their medals. Overall the experience is so special for the students and it is a



Many students at North are involved in Bronco Buddies with the life skills students.

Photo by Gracie Snook

joy to be apart of the day," Ally Banks, es in a ceremony. This is a great way junior, said.

to recognize the life skills students and

The students interested in helping out with Job Olympics leave at the beginning of the day for the all day field trip. They pack their lunches ahead of time and are expected to spend all day at Unity Village in order for the various planned activities that take place throughout the day.

Last year at Job Olympics, many students got the chance to help assist the program various amounts of ways. Whether it was being and walking around to each event with an assigned buddy from the life skills program, helping run a station or even help with setting up the stations. It is a great opportunity to make new friends, give back to the community and experience a meaningful event.

At the end of the field trip, they end Job Olympics by giving out awards and priz-

es in a ceremony. This is a great way to recognize the life skills students and the hard work they have done all year in order to prepare for this day.

"More people should get involved in Bronco Buddies because it is a great way to help out around the school and meet great kids that you might not have met otherwise," Harper Manley, junior, said.

The field trip was on April 7 and will happen again this time next year. Although it is typically a great turn out for the field trip, the life skills teachers could always use extra hands and friendly smiles. Talk to Mrs. Hamann or Ms.Grindstaff in the life skills room 1156 to get more information about Bronco Buddies or the Job Olympics field trip for next year.

LSN Students Prep for the ACT

JackLangle-JuniorEditor&EntertainmentEditor

ractically all college bound students at LSN will, if they have not already, take a standardized test for admission before graduating. The most likely being the ACT.

however. Registration not including the writing section is \$39.50 and \$56.50 with it.

On January 14, 2014 the Missouri State Board of Education approved the administration of the test, including the writing portion to all Missouri public and charter school students for free for one day of the year.

This allowed many students in the state who could not take the test before to have access.

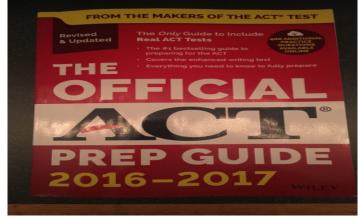
"Approximately 80% of LSN graduates took the ACT prior to DESE requiring all juniors take the exam," Jeff Meisenheimer, LSN principal, said.

All students take the test on a predetermined date each spring. This year's date is April 19.

The ACT is a test made The ACT is not a free test, up of four parts. English, reading, math, and science. Each portion has a certain number of questions and is timed. The number of questions answered correctly is correlated to a number between 1-36 and the numbers of the four tests are averaged for a composite score.

> To prepare for the test, LSN offers after school classes that students can sign up for on the counselors website.

"The ACT was pretty much what I was expecting it to be because I went to the prep course before the test and we did many practice tests in the class that resemble the real ACT.



Before I take the test again I will do the prep course again and do more practice tests. I recommend them," Jennifer Hitchcock, junior, said.

The counselors website also offers ACT tips and strategies as well as printable practice tests so students can get a feel for what it will be like.

"I am going to try and do as many practice tests as I can so I can get a good feel for the April test," Tori Jamaleddin, junior, said.

The ACT is very important in helping students get into colleges they want and receive scholarships.

Most schools' automatic scholarships are based off of both their GPA and ACT/ SAT score, so a larger score for many students can mean more money.

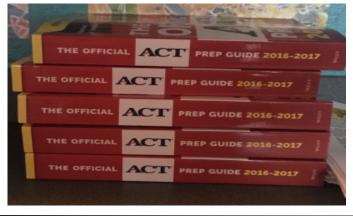
The ACT is also helpful in general because of its ability to help students prepare for their secondary education.

"The ACT is the best predictor we have of college and career readiness. Besides the financial benefit of taking a free ACT, there is research that shows the more a student takes the ACT the better he/she performs," Meisenheimer said.

LSN prides itself on being a school that well prepares its students for life after high school both academically and not.

Over the last five years, LSN students have averaged just over a 23 on the test. Scoring a 21.8 average in 2016, the first year all students took the test. North has also had scores ranking in the top five to six in the last five years in the 25-school Suburban Conference.

Prior to the test students are encouraged to get eight hours of sleep, eat a complete breakfast, and review knowledge found in ACT practice tests.



DOWNTOWN LEE'S SUMMIT FARMERS MARKET

RebekahPanek-StaffReporter

The Lee's Summit Farmers market is a big part of the Downtown Lee's Summit Community. It is a great place to go get fresh fruits, vegetables, and many other foods. There are also items like artisanal soaps, fresh baked cinnamon rolls and much more.

The Farmers Market is open every Wednesday and Saturday morning from 7am to sell out. There are many things one can find at the Farmers market, extending from fruits, veggies, meat and backed goods, to homemade goods and much more.

The market is held at the corner of 2nd and Douglas streets in Downtown Lees Summit. The market is made up of more than 50 vendors selling a wide array of items.

The Farmers Market opened up on the first of April and goes through 18th of November of 2017. There are special events happening during the Market season. May 13 is spring celebration, July 19 is Christmas in July at the Market, October 7 is



Many local farmers will start selling their produce at the downtown Lee's Summit farmers market that will be open from April 1st to November 18th.

Photo by Gracie Snook

Harvest Fest and December 16 is Holiday Mart. The Holiday Mart will be located in the LS Elementary Gym.

The Lee's Summit Farmers Market was named the number one farmers market in the state of Missouri, by the America's Favorite Farmers Markets contest hosted by the American Farmland Trust six years in a row. The Farmers Market has been around for more than 20 years and is managed by Downtown Lee's Summit Main Street.

People that attend the farmers market love going because of the fresh foods and the homemade goods, it can give a sense of community, and the vendors there are always helpful to the

customers.

"My favorite thing about the farmers market is hanging out with Sam and meeting people, if I could change one think it would be that they are letting a professional bread seller in, which isn't fair to the independent vendors," Maggie Ross junior, said.

The vendors especially love showing off what they have to sell. Coming out twice a week can be a joy and a very special event to them.

One thing that is seen as a very nice aspect is that the Farmers Market is close for people to go to. It is one of the Farmers Market in Lee's Summit and the other closest ones is in Downtown Kansas

City, which is quite a drive away for many people.

"The Downtown LS Farmers Market absolutely instills a sense of community. Families get to know the farmers they buy from. Many of our vendors get to watch their customers' child grow up. I allows kids the opportunity to understand where their food comes from," Ashley Nowell Assistant Director, said.

This year the farmers market will have several new vendors at the market, in the next few years they are hoping to make a permanent home for the Farmers Market in the next few years.

"We're working on building a pavilion to house the market and other events in downtown. This will be huge for our vendors and customers, and create more of a sense of place for our market," Nowell, said.

The Lee's Summit Farmers Market will always be the place to go when looking for a fruits, vegetables and many more home made items.

ings to Come at Worlds of Fun

RhaylaHuff-StaffReporter

Torlds of Fun is a high-speed amusement park where families can spend time together and enjoy the roller coasters. Since 1973, Worlds of Fun has been a tourist location. and rides have been added to the park for years. 2017 brings two new thrill rides in addition to the nine thrill rides that currently exist.

The first ride is named the "Mustang Runner" and has three arms with seven

gondolas per arm, turning one way, while the rest of the ride spins the other way. The second ride is called "Falcon's Flight" and is a thrill ride at almost 100 feet above the ground. "Falcon's Flight" can

spin and rise at the same time with more than 50 riders at a time.

Along with the new rides, there is a new entrance to the park, and a holiday special called "WinterFest." "WinterFest" which will host over 14 different beloved holiday characters, breathtaking light displays, ice skating, and live entertainment

featuring classic holiday songs. Beginning November 24, 2017, World's of Fun will become a winter wonderland full of holiday-themed activities.

Despite the changes throughout the park, the passes will remain the same. Platinum Passes allow guests to participate in everything (including the rest of Cedar Fair Parks). The price of this pass is six payments of \$35.00. The Gold Pass can be used to attend everything except for the Cedar

will extend the season by two months, but the extended season will only be open for guests attending WinterFest.

The park opens up again on April 14, but on April 13, the Season Passholders can have an Exclusive 2017 Sneak Peek and are allowed to preview the rides before the rest of the world. Throughout Opening Weekend, guests are encouraged to participate in "Easter Eggstravaganza" where they can participate in Easter Bunny related games and crafts. This is typically associated with younger people, but is open to anyone that wants to join in the fun.

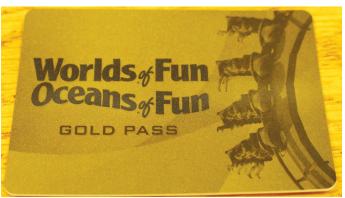
The park is a big hit around Missouri, especially with high school students."I go there almost every year, and I'm excited to go again," Caleb Fray, junior said.

It has an anticipated opening, and people are more than excited to continue riding the fastpaced roller coasters.

"I spend a lot of time at Worlds of Fun and I'm

excited for it to open," Jaden Funk, junior, said.

No matter if a guest loves thrill rides, or family-fun time, Worlds of Fun is the place to be.



Be sure to get your gold pass to be ready for opening day on April 14th. Photo by Gracie Snook

Fair Parks pass, and this ticket costs six payments of \$20.50. For six payments of \$18.50, the Silver Pass can be used for Unlimited Summer Visits, Unlimited Oceans of Fun, Unlimited Halloween Haunt, Both the Gold Pass and the Platinum Pass allow for Unlimited WinterFest in the festive season. This new addition to the park

ALIVE AND KICKIN'S GIRLS VARSITY SOCCER

ByDanielleZammar-SocialMediaEditor

66 Tlive for the moments that Libring my teammates and I close. I live for the feeling of knowing that all your hard work has paid off," Alexis Mitchell, senior, said.

The season is officially underway where said moments and feelings take place. Underneath glistening stadium lights with cleats running on crisp, high expectations green turf, 18 young ladies play the game that they have known for quite some time and the game that they have grown to adore. The girls varsity soccer team has already represented their talent and passion this year by kicking off their season with an undefeated record of 4-0. The reputable squad is led by head coach, Ryan Kelley, and assistant coach, AJ Shinabargar.

To continue on with such success, a significant amount of time as well as a positive attitude and determination is required from each girl during the season. Practices for the team are usually held six to seven times a week and other commitments include traditional pasta parties before big games and usually at least one team sleepover. Besides

Girls Varsity soccer is hoping for a very successful season this spring. Photos by Gracie Snook

simply the team though, both coaches include a crucial part of the performance that occurs out on the field. Considering the past victories of the varsity soccer program, have already

been set from Kelley and Shinabargar as well as from fans and even the players themselves looking forward to this year.

"This year will require our girls to avoid getting complacent and to stay focused on their goals. We have several players that are returning and so they know what to expect from the season. Our job as a coaching staff is to keep pushing the girls every day to get better and to learn how to push themselves a little more than they thought possible," Kelley said.

As the majority of the ladies are returning members, a sense of direction is offered to the rest of the team with their experience. For example,

> knowing which schools have been the hardest competition in the past aids in the process of learning how to win when playing in a match against them. Lee's Summit High School has been in the final four for the past two years and is among other schools in the area with

> > fantastic girls soccer



the top players in the state and St. Teresa's team is the twotime defending state champion

"Each week is filled with different competition and different teams so each week will be a different challenge and we will have to adjust how we play," Lilli Davis, senior, said.

Despite the intense competition, the girls and coaches are very enthusiastic about the games and the opportunities that lie ahead of them. Mitchell and Kellev describe their plans of action in order to achieve their goals.

"As we approach the spring season, I feel very confident in our team. We have a great amount of experience and a high level of talent coming back to our team. I am also confident because the girls are very

credentials. Park Hill has one of focused on achieving more success than last season." Kelley said.

> Mitchell has been a member of the varsity program since her freshman year.

> "I am planning on leading my team to success this season by holding a high standard for each of my teammates and continuing to work hard every practice to try and improve our talent as the season goes on," Mitchell

The next game for the girls will be on April 6th at Lee's Summit High School as the team fights for another victory.



LSN Broncos Staying on "Track" improve to make our goal times," we would like to be com- cluded on a team at LSN. I will really

CarolineLuna - StaffReporter

The school year may be com-I ing to an end shortly, but not for the track and field team. The track and field teams long hours of preparation and practices has allowed them to kick

off their strong season.

So far this season, multiple meets have been canceled due to weather conditions, so competition has been limited. However, the team recently compet-

ed at their first big meet called Rusty Hodge at Blue Springs South High School where they took second against approximately 15 other teams.

"So far this year we have had some tough competition and Blue Springs High School how we are feeling late in the said.

Despite the high competition against other schools the Broncos have personal and team goals and successes for this season

"My first meet this season Pr'd in the 100 meter dash running a 16:22. I would like to improve my jumps to reach 11 feet. As a team we would like to

Hunter Hall, senior, said.

Haley Hall, senior, has been a member of the tack team since state," Dunton, said. her freshman year of high school Along with running cross country rapidly approaches, the many positives track has on his life. in the fall, she is currently run- seniors time running ning the 4x800 relay, the 1600 (the throughout high school

"This is going to be one heck of a team to watch this year, be on the lookout for greatness this season."

Dunton, said.

mile), and the 3200 (the two mile).

She also shares her goals and strengths, for herself and the team, as her final season as a Bronco athlete has arrived.

proved on my 800 meter time group of people!" Haley dominating the track! which has helped me in the Hall, said 4x800m relay. As a team we have is looking strong, but we'll see been successful in hitting our split track for all four years of times in workouts which will help high school, Hunter Hal season," Cole Dunton, junior, us in races. I would like to improve reminisces on his favor on my 32 meter (two mile) time. I ite experiences as well. would like to run under 12:15. As a team we would like to improve about being on the track upon our relays because those can team is running in the be really successful at meets." Ha- meets and having my ley Hall, said.

Dunton also shares his personal I have learned so much and team goals for the season.

"I would really like to break 2:00 cally how to run and be in the 800 and 4:40 in the mile. As on a team. I am really a team, I would assume like always blessed I have been in

make it all the way to over!" Hunter Hall, said.

"I will miss the senior, said

they will miss most track," Dunton, said. running for LSN

"As a whole, the

come my family the past four years. I'm sad that this is my last season, Hall, said. but I am thankful to have

After participating in

teammates cheer me on! the past four years, basi-

petitive, and of course, miss everything about track once it's

Although Dunton, still has a year of As the end of the year running ahead of him, he explains the

"My favorite part about being on the track team is being surrounded by will come to a close. all this fantastic talent and having the opportunity to compete against some of the most talented people I have Donovan's ever met. I have taken away a pretty jokes," Aly Parker, strong sense of self-determination and motivation for excellence because of LSN seniors con- how hard we work and truly anything tinue to discuss what is possible with enough hard work in

Haley Hall finally shares the most and being apart of a important lessons running track has taught her.

"I will take away from my teamtrack team has be- mates and the coaches that hard work and determination can go along way, not just running, but in life," Haley

With the season just kicking off, be "So far this season, I have im- been apart of such a fun on the lookout for the Bronco runners

"This is going to be one heck of a team to watch this year, be on the lookout for greatness this season," Dunton,

TIME IS MONEY HOW MUCH IS YOUR TIME WORTH?

The role of a personal assistant can be varied, such as providing office duties, book keeping and data entry In business or personal context. personal assistants are people who provide services that relieve his or her clients from tasks that are associated with managing one's Let Me Help You!

Office Duties Deliveries / Errands Light Household To Do List Specialist



KCgirlfriday Tammy Panarisi adding a sace of mind to your lite.

Tel 816-522-0487 KC-girlfriday.com

THENORTHERNEXPOSURE.COM

DRAFT SEASON IS UPON US

WillMauer-SportsEditor

With the season over, and for some a disappointing end to the season, NFL fanatics around the country are prepping for the intense debate at work on who their team should draft. Hoping to get the next Ezekiel Elliott or Dak Prescott, it all starts Thursday, April 27th.

The Chiefs had depressing end to the season in some fans minds, although making the playoffs, could not get further than the year before even with the playoff game at home. Some fans were looking at a possibility of moving on from Alex Smith, and perhaps being in the Tony Romo sweepstakes. However, that has since been debunked.

"How strong of an endorsement can you have when the owner, the head coach and the general manager all say, 'You're my starter in 2017,'" Chiefs GM John Dorsey said, (courtesy of cbssports).

Even with Alex Smith as the starter for 2017, the Chiefs can still fill the appetite of fans who want to see a fresh face behind center at some point in the future, and take a QB in the first two rounds.

"Look at a guy like Mitch Trubisky, he probably will not be at 27, but we need a new quarterback," Garrett Mason, senior, said.

Another potential option is to trade out of their first round selection of 27 and gain picks for the later rounds. That is what the Chiefs did last year and ended up getting Chris Jones, defensive tackle, in round two.

Perhaps a position of need for the Chiefs is a linebacker. Whether outside or inside, KC is getting older in that area and need to address it during the offseason. Dee Ford played better last year, but depth is a must in todays passing league. Derrick Johnson is getting older, so a new captain in the middle of the defense would be a help for this group.

An interesting development in mock drafts recently have been either Sidney Jones or Kevin King out of Washington going to the Chiefs in the first round. Marcus Peters, the Chiefs star ballhawk also went to Washington, so a young cornerback tandem from the west coast could worry some AFC quarterbacks.

Around the AFC West, the Broncos are perhaps in on Tony Romo, the Chargers are trying to do well in their first season in LA, and the Raiders are looking for a running back to help Derek Carr and company.

The Chiefs have almost no money in cap space, so they will have to restore their team through the draft again this year. John Dorsey is used to this, coming from Green Bay, and he's done it throughout his tenure in Kansas City.

Fan favorite Dontari Poe is not coming back to the Chiefs, which may mean no nose tackle touchdown passes anymore. The Chiefs did fill that void, signing former Eagle Bennie Logan to a year deal for \$8 million.

"(We should of kept)
Dontari Poe, he is a great
nose tackle, and a pretty
good QB, too," Dennis
Crull, senior, said.

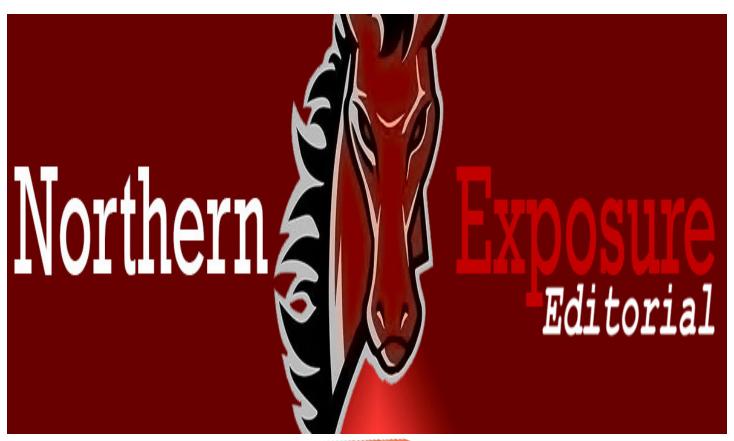
Losing Poe and Charles hurt the red and gold

faithful, but must remember that before free agency even started, the Chiefs resigned leader Eric Berry. Experts say this signing was not just about his football ability, but how he is a leader for that team on and off the field.

Now, they do not need to go safety early in the draft, but cornerback is still an option at this point. Also important: linebacker, running back and wide receiver.

With the NFL offseason in full swing and the draft coming up, this is primetime for the die hard football fan to get their fix in before the pads even go on in August. The Chiefs look to build on what they have done the past two years, except hoping for a better ending this time around.





:Censorship Within the LSR7 District

ScribedByZoeyBarnes

ensorship in our world ✓has become a large issue, even within the Lee's Summit School district. When LSR7 decided to give each student their own Chromebook it seemed that the amount of blocked websites rose from a minori- Spotify have been blocked ty to a majority of websites. From working on projects about drug usage to simply listening to music on Spotify, Netflix original. censorship has become more harmful than helpful.

Websites are censored because they are not useful during a school day, can be distracting during class, or are simply things students should not look up on a school-given computer. For example, popular online-streaming sites like Netflix, Hulu, and because students should tune students to become crein to their teachers during class, not the most recent

But many websites are blocked because they have words like "killing", "marijuana", or even "sex". Students should not be using up school computers to look up these things, however a problem arises when school projects are assigned that deem it necessary to search these controversial words.

This censorship has led ative, finding web apps or searching for a plethora of time finding one website that the school district did not seem to catch. This can cause issues when students spend more time searching for unblocked websites than continuing school work.

Censoring websites is a necessary evil, keeping students away from inessential websites during a school day arises as a good idea, however becomes problematic when this censorship hinders research projects and homework assignments. Perhaps lessening the amount of websites blocked or waving the censorship on a home server would create a greater work ethic in students.

We Are the Same Underneath

SavannahMullen-StaffEditor

In today's age of technology bullying happens online more than in person but that does not change the fact that it hurts. Bullying needs to stop and people can help by standing up for not only themselves, but for others, nonetheless, it is easier said than done.

Bullying is a way of nature for humans, most people would not classify it as bullying on everyday life but just judgement of others and saying it to them. People put others down just while in a fight, while we also do not say that is bullying, it technically is. Bullying is classified by the webster dictionary as one who is habitually cruel, insulting, or threatening to others who are weaker, smaller, or in some way vulnerable.

Cyber bullying is easier for people to say mean things due to it not being in someone's face and having to have the guts for that. Cyber bullying needs to stop, why put someone down who you barely know or even cared about at one point?

"Bullying happens more online because people are more comfortable hiding behind a screen. With the internet and social media bullies are able to avoid facing their victims," Rebecca Rivas D'Amico, junior, said.

Bullying happens to many people with no direct group of people. Some groups are targeted more than other but that needs to change. Everyone is human and everyone is all skin and bone so why does that make some of us think that they are better than others and it is okay for them to hurt others? Because they are not and it is not ok.

"Bullying happens a lot and people

need to be aware of it and try to show the people that are involved what they are doing to each other is hurtful," Sara Mullins, junior, said.

People tend to stand around or watch bullying happen, whether it is in school or online. Bullying takes place whether people want to believe it or not but if we stand together we can stand together and help each other.

There are many foundations for bullying and finding support to help children and a teens stand up for themselves and others.

everywhere to everyone and instead of a teacher; bullying needs to be put to trying to stop it, which will never hap- a stop.

pen, we should help people on how to handle it and grow stronger from it," Matthew Choplin, senior, said.

With the new technology of the internet and social media people are transferring from bullying in person to online and it is easier to prove. However, that does not mean the bully is in trouble, they usually get a talk about how it is bad and then told not to do it again. They need to be taught a lesson by being punished in some way to understand that bullying can cost lives.

If you see someone verbally attack-"I personally think bullying happens ing someone step in, stand up or tell



WHY EXTRACURRICULARS AFFECT HICH SCHOOL

BlairClark-Jr.Editor

Most students are involved in a sport or extracurricular activity, but it can be difficult to manage all the school work while practicing and participating in the other activities. School is pushing for each student to be involved in at least one thing within the school, but is that really the best for students?

Being involved within the school has endless benefits, but it is still hard to manage. The best part about getting involved is getting to meet new people and being able to do something that is enjoyable. It adds to the whole high school experience.

"The activities help you to explore different programs and establish a good friend group," Aiyana Johnson, junior, said.

Colleges have also been looking for applicants who are more involved within their schools and communities. It seems like the more involved a student is, the more likely they are to be looked at and accepted into more difficult schools. Being involved in multiple activities makes you look better as a student overall.

One downfall to being involved is having multiple activities going on at once and also just trying be a highschool student. We all want to go to the pep assemblies and football games to have a good time and just hang out with our friends.

"It is tough when you get behind on schoolwork and end up missing important school activities like homecoming, pep assemblies and home football games. There were multiple potential memories that I have missed out on in the past because of being involved," Emily Clark, senior, said.

At the same time, it is very hard to make sure everything is done with school work and make sure you have attended all of the practices and games. Time becomes very limited. If you are playing a sport, going to games and



Many students athletes become stressed out with school during their season by trying to juggle grades, sports, and everyday life activities.

*Photo by Gracie Snook**

practices and not getting home until later at night can take a toll on your school work, but it can be done.

"Sometimes it is hard to manage both sports and school work, but my teachers and coaches help me manage both to help me excel in the classroom and on the court," Johnson said.

Teachers and coaches are really good about helping the students who are involved. They understand that students are involved and that there is only so much time in the day. In most cases, a lot of teachers are also involved in the same activities, coaching and sponsoring them. They also have to find the time to get all of their work done while still attending the activities or games. It can be stressful for everyone.

Stress is one of the main things everyone deals with in school, and even though being involved can be a little bit of an escape, it can also add some more stress. There might be two things that overlap, making getting everything you have to get done even harder.

"Honestly they make it harder to accomplish assignments and school becomes a bit more stressful," Jedi Chukwusom, junior, said.

Although the stress may build up, being involved in the school with sports or extra-curricular activities will better prepare you for the future. Students learn how to be organized and use their time wisely. Overall, being involved can be stressful, but the friends you make, the fun you have and the benefits you receive will be worth it.







Flower Pots Seasonal & Holiday Colorful Focalpoints Uniquely Inspired



Landscaping Onsite Design Flower Gardens Annuals & Perennials Maintenance

Ornamental Gardening Happy Gardens; Happy Humans

sitedesignslandscaping @gmail.com sitedesignslandscaping.com

Eric Huff (913) 205-1983