

In this Issue October

2015-16 Staff

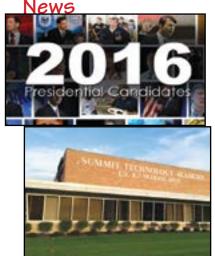
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Northern Exposure Policy

The Northern Exposure will strive toward excellence by reporting news accurately, objectively and thoroughly. Providing leadership through editorials and establishing a forum. "Letters to the Editors" are accepted and encouraged, but should be written responsibly, in good taste, free from libel, obscenities and invasions of privacy. "Letters to the Editors" should be less than 300 words and must be signed. Letters may be delivered to room 2103.

1st Amendment

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, or abridging the freedom of speech, or of the press; or the right of people peaceably to assemble, and to petition the Government for a redress of grievances.









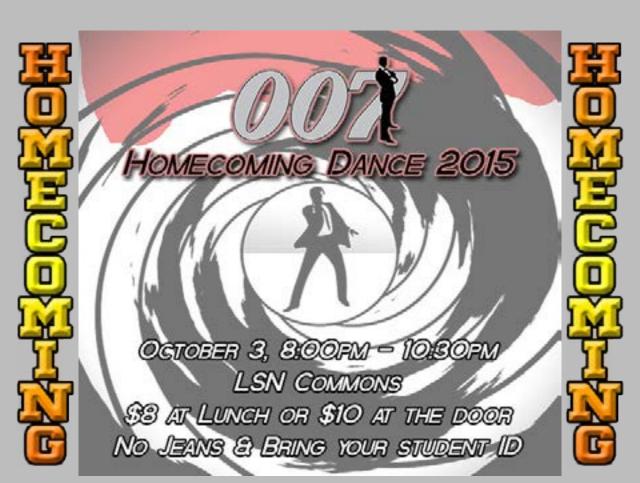








FRIDAY, OCTOBER 2, 2015
LEES SUMMIT NORTH HICH SCHOOL



HOMECOMING WEEKEND SCHEDULE

<u>Thursday:</u>

6:00pm - Homecoming Parade in downtown Lee's Summi

Friday:

Pep Assembly schedule
7:00pm - Football Game
Crowning of Homecoming King and
Queen at halftime

Saturday:

8:00-10:30pm - Homecoming Dance





Building to Success: Summit Technology is Moving Locations

RachaelMcMillin-Co-EditorInChief

Tn April 2015, there was an Lelection that would decide the fate of many upgrades to the LSR7 school district, including a brand new Summit Technology center. After 15 plus years of sharing a building with corporations like AT&T, Diodes FabTech, Progressive Insurance and St. Luke's Health System, Summit Technology Academy (STA) is finally getting their own building, along with a few neighbors.

The proposed bond was a no-tax increase bond that won with an 80 percent of voters balloting in favor of the school district. During

the summer, over \$8 million was spent on school improvements throughout the district. Of the \$40 million that was gained from the bond, close to STA students who choose to half, around \$17.5 million, of do the early college/internship privilege of going to the new the amount will go towards a new STA that will open in the be under one roof. This will fall 2017 school year.

The total cost to build this new campus will be around \$64 million. The LSR7 school district is paying \$17.5 million from the grand total, so a partnership with the Universihas ensued to share the cost and campus.

gv Academy/Missouri Inno-

vation Campus (MIC) facility will make for an even greater collaboration among high school and college students. program called MIC will soon Summit Technology will exmake for an easy transition from high school to college degree completion," Elaine Metcalf, STA Director, said.

Across the street from the current STA, the new campus is being built. With ty of Central Missouri (UCM) 15-acres of land to build the new building, STA created an arrangement with UCM to Bailey Meade, senior, said. "The new Summit Technolo- fill the 140,000-square-foot

the current students and the students next year will not have the privilege to view the new compound. Fortunately, students that do receive the perience the latest advancements in technology at the palm of their hands.

"When the new Summit Tech opens, I think that it will be a great resource for people who go there, or eventually go there, because they will have the latest technology and advancements,"

Meade is a current student superstructure. Unfortunately, in the Medical Interventions/



The current Summit Technology Academy (STA) has been bought by Cerner and will be rented out to other companies when the new STA is built in the fall of 2017. Photo by Rachael McMillin





While the workers were away, the 15-acre construction site for the new \$20 million Summit Technology and University of Central Missouri campus contain bulldozers and other construction equipment scattered throughout the lot. Photo by Rachael McMillin

Biomedical Innovations (MI/ BI) class that is taught at STA. MI is a fall semester class where students "investigate the variety of interventions involved in the prevention, diagnosis and treatment of dising a program for students, ease as they follow the lives of who are enrolled in Systems a fictitious family." The spring Engineering Technology, Ensemester course is BI, where students "design and conduct experiments related to the diagnosis, treatment and prevention of disease or illness. They apply their knowledge and skills to solve problems related to Bio-Medical science," (courtesy of sta.lsr7.org).

"The moving of buildings is a good idea because [the teachers] get to sit down with the architect and design the layout of how we want the lecture and lab areas. I'm not sure about the other classes, but the MI/BI program will have a more appropriate lab environment and give a more college and professional feel," Dr. Kevin McCormick, MI/BI teacher, said.

STA has a prestigious past, with celebrity guests including the President of the United States, Barack Obama, when he honored MIC for providgineering Technology/Design and Drafting and Computer Science-Software Development at Summit Technology, that prepares students for high-demand careers and reduce their higher-education costs to almost nothing.

With a long held history at the current STA, there is excitement and mystery that comes along with the new campus. Students and teachers will have have state-of-theart technology to further their education and a chance to partner with UCM to create a more professional and college-like feel. The 2017-18 school cannot come fast enough.

April 2015 Sond Approved

> **Summer 2015** Phase 1 Sabool Improvements

Fall 2015 STA/MIC esign Complete

> March 2016 Construction starts on new STA/MIC

Summer 2016 Phase 2 School improvements

> August 2016 Ali School nprovements Complete

Summer 2017 Committee

GETTING TO KNOW THE 2016 PRESIDENTIAL CANDIDATES

OliviaGray-SportsEditor Top three candidates from the republican and democratic parties



tive.org



Courtesy of cpac.conserva- Courtesy of cpac.conserva- Courtesy of www.rew-ontive.org



Courtesy of cleburnpress. Courtesy of www.biography.

Courtesy of wvxu.org

former US Secretary of State Hillary Clinton

Fun Fact: She is a self-proclaimed awful singer, but won the Grammy for the Best Spoken Word or Non-Musical Album in

Quote: "Everyday Americans need a champion. And I want to be that champion," Clinton said (courtesy of nytimes.com).

US Senator Bernie Sanders (Vermont)

Fun Fact: He first announced his campaign using social media.

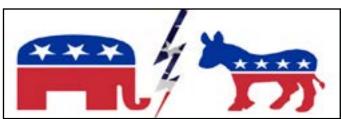
Quote: "Social media has revolutionized a whole lot of things. And in many ways, it works for us because the message that I have been advocating for many, many years is quite difficult to get through the corporate media," Sanders said (courtesy of digital.vpr.net).

former Governor Jeb Bush (florida 1998-2007)

Born: 1953

Focus: Education and Immigration Reformation

Fun Fact: He is the son of George H.W. Bush and the brother of George W. Bush.



Businessman Donald Trump (New York)

Born: 1946

Focus: Creating more jobs

Quote: "I will be the greatest jobs president that God ever created," Trump said (courtesy of abenews.go.com).

Other candidates in the running

Democrats

Former Governor Lincoln Chafee Former US Senator Jim Webb Former Governor Martin O'Malley Lawrence Lessig

Republicans

Governor Chris Christie US Senator Ted Cruz

Former IRS Commissioner Mark Everson Businesswoman Carly Fiorina

Former Governor Jim Gilmore US Senator Lindsey Graham Former Governor Mike Huckabee Governor Bobby Jindal Governor John Kasich Former Governor George Pataki US Senator Rand Paul US Senator Marco Rubio Former US Senator Rick Santorur







A Day in the Life of a Bronco Buddy

GracieSnook-StaffReporter

Throughout the years, Bronco Buddies has been bringing people together for friendships that last a lifetime.

"I love the relationships that the kids make with each other and our students getting the opportunity to be with other teens and participate in regular teen activities," Stacey Hammons, Bronco Buddies sponsor, said.

Bronco Buddies attends many extra-curricular activities which includes; school plays, football, soccer, and baseball games. They also tailgate at some of the games.

"I would say the Job Olympics is really fun, helping out with that. That was really a blast," Brenden Ellis, junior, said.

Many other students enjoy being involved in the many different events as well.

"I really like going to the baseball games because we get to play games before the game and tailgate and they just love it," Jenna Lord, a senior, said.

Many of the students and teachers involved have bonded with the Bronco Buddies as they attend regular meetings and extra curricular activities. Lord has personally bonded with the student Josie Mann over the years.

"She is amazing, she draws me pictures all the time and she was my valentine last year," Lord said. Hammons most enjoys the moments when her students achieve their goals.

"Those ah ha moments when they get something that we worked really, really hard on and then they finally get it and seeing their pride and joy in understanding something," Hammons said.

The Bronco Buddies club plans on going to see the 2016 spring musical Aladdin Jr. towards the end of the school year as one of their class activities.

Hammons' students enjoyed Tarzan the musical last year, and are looking forward to a similar experience this year.

"It was really neat of Mr. Daniel to get us seats so close to the stage, the kids loved it," Hammons said.

Bronco Buddies is a great way to make friends and get involved in the school as well as a great learning experience.

"I think that learning how to be patient with people like that and also to just enjoy the small things, I think this group really shows you that. It's a great group," Lord said.

Bronco Buddies members are very encouraging toward students looking to be involved at LSN.

"Bronco Buddies helps me get to know more people at school and the activities are really fun and I also feel more connected at LSN. It gets students more connected into the community and they are a lot of fun. It has impacted me on getting more involved in my community and at school," Ellis, said.

Hammons is looking forward to the new year and new students, not only joining her class, but also the Bronco Buddies club. As Lord said, Bronco Buddies does teach and require a certain amount of patience, but the end results are very rewarding.





Bronco Buddies working hard on an activity.

Photos by Blair Clark

Bronco Buddies is a no judge zone. The students involved do not have to worry about bullies or being picked on because everyone loves everybody. This also provides a great opportunity for students to get involved in their school as well as the area.

Bronco Buddies creates a safe place where everyone can make amazing friends and have unlimited fun, but Bronco Buddies does not end after high school. The friendships last a lifetime.

Lee's Summit North Introduces New Chromebooks Into the Day-to-Day Student Life

MarinCarey- StaffReporter

With the beginning of a new year emerged an age of new technology for Lee's Summit North High School as they assigned new Dell Chromebooks to all of their students. All devices are managed by the LSR7 school district and have a number of limitations to maximize correct use in the classroom setting.

LSN has made a number of changes to make the technology more useful, such as the new system in the LMC. They removed all of the desktop computers from the library which has made it a lot more open and a lot less hectic. They have added new seating and new displays for books and just generally made it feel a lot more relaxed. When it comes to the computers, students are expected to bring in their chromebooks if they need to print, type or research in the library. This has caused some confusion for the students. There are no options to print if the student does not have their chromebook and the new printing method requires students to log into the printer and follow a series of steps to get the assignment printed. Also, some difficulties with the reliability of the printer system have been a major setback when students need a place to print off time sensitive assignments.

"Student cloud printing has not worked as well as we would like in the mornings, adjustments can be made during the day over at central office and it works by the afternoon. But that is half a day lost. We are frustrated the students are frustrated, the central office management people are very frustrated, and hopefully by next week we will have a

resolution," Michael Russell, Media Center Specialist, said.

With every advancement there will be issues, but soon enough things will hopefully be up and running smoothly. This technology the school has implimented has the potential to be a great asset to the students lives once the little issues have been fixed.

Teachers have also been finding new and innovative ways to bring the current technology into the classroom and find the best possible use for them and all of their students. Many teachers have had students take notes on their chromebooks or at least give them the option while others are using interactive websites, such as Kahoot, to bring fun methods of learning into the classroom, and some are assigning almost all of their homework online through Google Classroom. The chromebooks provide a lot of tools to make learning more fun, innovative, and organized. Lauren Hollingsworth, social studies teacher, has been implementing the Chromebooks into her day-to-day learning environment in a number of ways.

"I have been able to use them as everything from a bell ringer or a focus type activity to start our class to maybe an exit ticket to close out class. Things like Google Classroom make it very easy to kind of push out that activity or assignment," Hollingsworth said.

Beth Bock, science teacher, has also been implementing technology into her classroom.

"I set up google classrooms, I put the syllabus and the textbook on google classroom just to start



Brady Benifel focusing hard on his homework with the help of his chromebook.

Photo by Megan Busse



Parker King frustrated while working on his homework.

Photo by Blair Clark

with, I put the power points for notes on google classroom, and some interactive assignments," Bock said.

Overall the technology has been a huge step forward for everyone at North, although there have been some difficulties in the process. In the long run it will have been very beneficial for this generation of students and hopefully will impact the future generations are well.

Flying High on the Sky Ski

SavannahMullen- StaffReporter

The Sky Ski is on top of the L charts. Literally flying above, skiing on a board welded onto a pole, Peter Weber, is accomplishing the challenging Sky Ski, doing flips and jumps locally at Lake Lotawana.

Mike Murphy invented the Sky Ski in 1998. He designed the Sky Ski to be able to leap out of the water and have the rider be able to do the flip. The Sky Ski is a board welded onto a pole and at the bottom of the pole there is a metal steering piece.

The pole goes up and down in the water and shoots out of the water. When the pole shoots out that is when Weber uses the force to do certain tricks, such as backflips, wake rolls and side flips.

neighbor down the street. Steve Hallak. Weber started about three years ago. Hallak believed Weber could ride it successfully but when Weber attempted the first couple times, it was very hard. He had a tough time figuring out the basics but once he got that down, it came pretty easy to him.

"Whenever I get the chance to ride it, I enjoy every moment of it. Even all the bad falls, mainly because whenever someone else watches you do it all they do is stare because they're so amazed by it," Weber, junior, said.

Weber goes out for a ride a lot with his best friend, Tanner Harman, junior. With the more practice they have, the better they get. Weber believes the more he rides, the more he has a chance to learn new tricks. Lately, he has gone out on the water with

Abbi Weir, sophomore. Harman, Weber and Weir went riding in early September and Weir had never seen Sky Ski in person before and just like Weber, said it amazes people.

"It looks so hard to keep balance, I do not know how Peter and Tanner do it. It looks like they are flying half the time," Weir, said.

The majority of people would agree that they look like they are flying when they do flips and tricks. Weber and Harman has to trusts themselves to do the tricks and know that they will land

Weber believes it is hard at first but over time it gets easier and Harman agrees. They believe they have to get control of it to Weber learned the tricks from his keep balance and keep it from going everywhere when it pops out of the water.

> "The hardest thing is when it pops out of the water, you never know when it's coming, you just have to be prepared at all times," Harman, said.

When Harman first attempted the Sky Ski he got up but seconds after the Sky Ski popped out of the water and he fell right back down. Lately. Harman has gotten better at controlling it. The boys believe that they just have to get used to what is happening and it will get easier, that is how it was for them.

Weber has discovered new ways to control the Sky Ski, such as balancing a different way and leaning back more. and it has worked way better.





Peter Weber skillfully flips through the air at Lake Latowana. Photo by Abbi Weir

The Sky Ski is stilling rising and local friend, Weber, is apart of the enjoyable challenge. He has been sky skiing Harman has tried Weber's advice consistently for three years and is going strong out at Lake Lotawana.

Musical Artist Performs 4,063 Miles Away From Home

DanielleZammar-JuniorEditor

The moment the lights shut off leaving everything completely pitch black except for the various ashes of cameras which can be seen from all around The screams that are being yelled from the top of their lungs which will eventually become hourse before the end of the night. The excitement the passion and the anticipation

Hozier, or originally known as Andrew Hozier-Byrne, has definitely created a name for himself and climbed the musical charts recently. Growing up in Bray, County Wicklow Ireland, Hozier became involved and developed the concert included the songs; "Like an interest in music very quickly. He studied the career at Trinity College in Dublin until he dropped out in order to record demos for Universal Music. Since then, Hozier has succeeded to perform on "Good Morning America", play at the famous Coachella festival, meet The Rolling Stones, jam to a couple of songs with Mumford and Sons on stage and be nominated for/win Meade said. countless awards.

Kansas City got the chance to host the multi-talented and beloved musician on September 14th at Starlight Theatre. Emotions similar to what mentioned before were being felt by local fans before the concert took place.

"I am most excited to hear Hozier sing Foreigner's God because that song is my personal favorite of his. Also, I am excited for an outdoor concert because I have never been to one before," Anna Kellison, junior, said.

Hozier's unique qualities as an artist attract a numerous amount of supporters and have helped him reach the popularity level of where he is now. Unlike most singers that are heard on radio stations today, fans can really identify that Hozier's voice is not edited in any of his songs nor his albums.

"He naturally has a very rich and beautiful voice," Molly Meade, junior who attended the Kansas City concert,

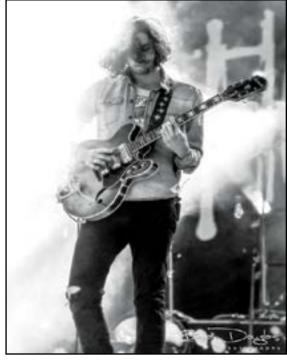
During the performance, Hozier sang a wide variety of his compositions and he sure did it well. The lineup for Real People Do", "Angel of Small Death", "Work Song", "Jackie and Wilson", "It Will Come Back", "To Be Alone", "Someone New", "Arsonists Lullaby", "Sedated", "Take Me to Church" and "Cherry Wine" as an

"The quality of the concert was perfect. Hozier sounded even better live,"

Besides just crooning his talented voice, Hozier took the time to converse and relate to his audience. He specifically addressed Kansas City on multiple occasions and expressed how grateful he was to finally be able to play at the location.

"Other than just hearing him play his music, my favorite part of the concert was hearing Hozier talk about the meaning behind his songs and kind of just telling us how he felt about them," Isabel Baughn, junior who also attended the event, said.

Baughn and Meade went to the concert together with two other friends. Meade included that regarding the venue of the concert, Starlight wouldn't have been her first choice. Her and her friends had a great view overall but there were assigned seats and only super expensive tickets were





Courtesy of www.hozier.com

close to the stage.

Hozier will continue to tour on his US concert until October 23rd, traveling from the east coast to the west and all in between. As for his past performance here nearby, it seemed Hozier sure lived up to the expectations of his fans and even more!

THE LASTING MEDICAL CONDITIONS OF HIGH SCHOOL

HannahJohnson- BussinessManager

Young people today have many I medical conditions and symptoms that have not previously shown up at these ages. Some of these conditions may be coming from how kids go through school.

Several classrooms have the desks attached to the chairs. This means the chairs are not adjustable. Because of this many students are not able to sit with good posture. Students lean over their desks to take notes quickly and keep up with class. Also, there are students of many different heights and sizes. Some of these desks do not fit some students as well as others.

"The desks won't improve posture because it's how you sit. They won't hurt you unless you already have bad posture. The majority of the time it [the in their backpacks, which weighs comfort level] isn't bad. Block days are down the backpacks. While most bad, but I also don't want to be falling students only carry their backpack asleep during class," Alison Renner, senior, said.

The chromebooks help students learn about technology and also give students updated information. The repetitive motions of typing can later cause arthritis in hands and wrists, as well as other injuries.

Some doctors state that using a computer for more than two hours a day can cause a repetitive strain injury. Throughout the day, students spend hours writing notes or typing. Several students have tension in their hands when they write and when typing. Many students have learned the proper typing technique, but over time typing puts strain on the tendons and nerves in carry would be the equivalent of the hand and wrists. Nowadays, many a 29-pound load for a 132-pound jobs require typing and this could have woman or a 39-pound load for a long term effects on individuals.

"I know of many examples when adults, who have poor typing tech-

niques, simply refuse to use some technology. This is usually because they are slow and get frustrated. This could also affect job performance. On the other side of this, those who developed good techniques, generally develop good typing speed. This eliminates many of the frustrations and stress points associated with keyboarding," Ron Zimmerman, keyboarding teacher, said.

The weight of the backpacks cause many students to hunch their backs and shoulders. A lot of high school students do not use their locker due to time constraints as well as other reasons. As a result, students carry all of their binders, books and supplies for five to ten minutes, this can cause a lasting impact on the posture of high school students.

"In my own practice, I have noticed a marked increase in the number of young children who are complaining about back, neck and shoulder pain," said Dr. Scott Bautch, a past president of the ACA's Council on Occupational Health. "The first question I ask these patients is. 'Do you carry a backpack to school?' Almost always, the answer is 'yes,'" (courtesy of acatoday.org).

Bautch found from a recent study that the backpacks kids 176-pound man. A healthy weight for backpacks is approximately five to ten percent of their body



Tanner Davis and Krista Abernathy take a break in the library after a long hard day of school. Photo by Megan Busse



weight. Many backpacks weigh more than this and children experience back pain in result.

While some think high school is the best four years of their life, many students may feel the pain of high school later in life through back pain, repetitive strain injuries and bad posture.

STUDENTS MAKE FINAL PREPARATIONS FOR ALADDIN JR. THE MUSICAL

CaraPanarisi- OpinionEditor

The start of a new school year L comes with an addition of more theatre performances. This year, for one of the two chosen musicals, Lee's and create the props and other Summit North's theatre program has decided to perform Aladdin Jr., a classic Disney tale.

With any musical production that is a recreation of a movie, it is almost required for the director to cut and change things in order to fit a specific costumes and props," Madison time frame. These adjustments will end up making the musical have either some slight, or drastic, differences in comparison from the movie to the play.

"There are a few differences between Aladdin the play and the movie, like the way Aladdin comes upon the cave and the lamp is a lot different than the movie. He is imprisoned there, instead of being sent there to retrieve the lamp," Caleb gether and create this new reality Ellis, junior, said.

These differences are hard to arrange at first because in order to still include the key scenes, it is crucial that they do not completely cut something out that is important to person," Ellis said. the storyline. When the time comes for the final performance, it is the director's job to make sure that the whole production still flows together and makes sense to the audience.

"My favorite song performance from the musical, that is also included in the movie, is A Whole New World... just because it is the most Nick Minx, senior, said.

In order to have a successful final performance, there are many things that the cast, crew and director need to do to ensure that they all get the

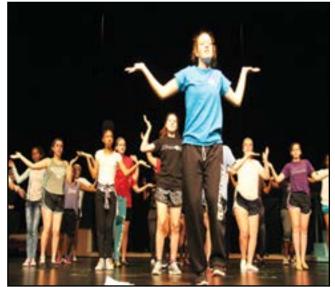
results they are working so hard to achieve. The director will produce everything that is going on. The crew itself needs to develop things needed for the scenes.

"Well, we just started rehearsals and as a class we are working on staging and blocking the actual musical as well as working on the backstage stuff, like the Wiseman, senior, said.

Specifically focusing on the cast, they need to be physically, emotionally and mentally ready for the performance and for the steps that lead up to this final musical production.

"It is the fundamentals of acting, you have to be able to take yourself and take the character and then be able to mix them tofor yourself in the mindset of the character, but still incorporating your own personal spin on it. Just being able to go out on stage and become an entirely different

Some people join theatre simply because they enjoy performing and actually have no plans to expand this passion beyond high school. For other cast members, a solid performance night is crucial because they are interested in expanding their passion into college and also into scouts might be coming to watch their productions, and they then notice the actors/actresses that happened to stand out to them the most.



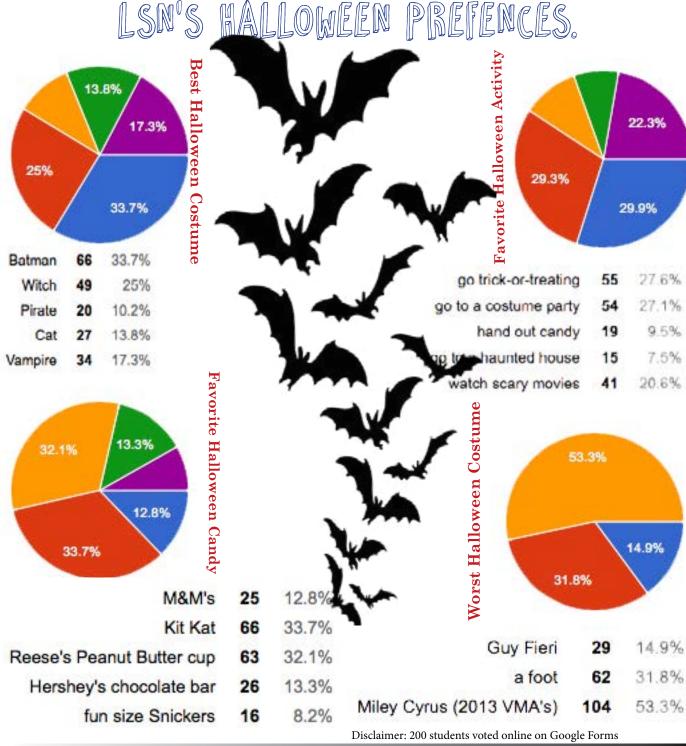


Lily Frevert aiming for perfection with the cast of the upcoming play Aladdin Jr. Photo by Megan Busse

In order for some of the younger kids to get involved active and everyone is involved in it," bigger productions. Some college more in the production, they are setting up an activity fair for the kids to do before the shows. They will get to experience a little bit of Middle Eastern culture, and they will get to try treats and games and do some other fun stuff before the show. It will be a whole big experience for them that will really amerce them in the show itself.

OOR UP YOUR HALLOWEEN ONE TO REMEMBER!

LiliCunningham-EntertainmentEditor



SPOOKTACULAR IDEAS!

FUN IDEAS FOR YOUR HALLOWEEN NIGHT! CREEPY SNACKS, SCARY HAUNTED HOUSES AND TERRIFYING MOVIES TO MAKE

CAULDRON CAKES:

Devil's food cake mix, marshmallow filling, chocolate chips. Vanilla extract, butter, sugar.

OREO EYEBALLS:

Oreos, blue, red & green gel icing, brown M&M's.

APPLE MOUTHS WITH JAM: Apple, any type of jam or peanut butter, almonds.









Entertainment Section Preview



FEATURING:

Barbeque, Blues and Baseball: A Kansas City **Tradition**

BY: ZOEY BARNES PAGES 18 & 19



FEATURING: Fall into the New TV Season BY: JACK LANGLE

Fall into the New TV Season

JackLangle-NewsEditor ver the last half decade plus, television has held a huge influence on American culture. This fall, TV is back again with a huge variety of new shows on air, some good, some bad and some that viewers cannot stop watching.

This fall, the networks have unloaded a mass amount of new shows to air this year. There are a total of 44 new programs to watching. be aired on the four major networks during the 2015-16 season.

NBC has the most new shows this year including: Best Time Ever, Blindspot and Heroes *Reborn*, among others. While CBS has the most returning shows with: 2 Broke Girls, The Big Bang Theory

and *NCIS* in their lineups. "I am really excited for Once Upon a Time, on ABC, because it left off on a huge cliffhanger and I am excited to see it play out," Anna Bilton, sophomore, said.

Some shows that are getting viewers talking are not always even on network

TV. Netflix and Hulu are two subscription-based services

that allow

a viewer

Courtesy of www.imdb.com and stay up-to-date.

to stream countless amounts of TV and movies from different devices. These companies also provide their own original series for viewers that have everyone binge

"I am really excited for Fuller House to come out on



Orange is the New Black, Bo-Jack Horseman and Daredev-Draper in the critically il are other Netflix originals. while Hulu has, The Awesomes, Deadbeat and Difficult The ceremony was host-People, among others. Hulu ed by Andy Samburg, of is also continuing *The Mindy Project*, a series that spent its full of laughs and suprises. first three seasons on FOX, until moving to Hulu for its fourth season.

actors and actresses in Hulu updates its prime-Hollywood thrive for it. series the They have been preparing and putting work to their series for a long time to make it perfect for the fans. iewers ean watch shows

These streaming services

make it to watch their fa-

Many Award-winning

The 67th annual Emmy

Awards took place on Sep-

Jon Hamm won his first

ever Emmy after 16 nom-

inations in his career. The

Lead Actor in a Drama

Series in his work as Don

aired its finale last spring.

These awards are a presti-

gious honor for everyone in

television and almost all the

award was for Outstanding

tember 20th and it handed

shows are coming back,

it on a DVR.

season.

This fall, ABC is bringing back a familiar show with a new taste, The Muppets to TV. The are great for fans that cannot show will have a mockumentary style unlike past vorite show, or do not have projects.

"About 10 years ago room or the ability to record I started thinking about putting the Muppets back on television and what Jim (Henson) would do, I decided that if Jim were looking at television today, he'd see the kinds of shows that are out awards for last years TV on, like The Office, and that's what he'd want to make fun of. So I said this could be a way to do it." Bill Prady, creator of The Muppets, said (courtesy of ew.com).

Television influences society and the way it acclaimed, Mad Men, which acts. It is a social empire that keeps the world connected. Fall TV is just around the corner if it has Brooklyn Nine-Nine and was not come already, and the

fans are ready.



Courtesy of www.sidereel.com



BARBEQUE, BLUES AND BASEBALL: KANSAS CITY TRADITIONS

ZoeyBarnes-Co-EditorInChief

In two centuries, KC has **I**grown to a population of 467,000 people, creating a lively town filled with rich history and stories waiting to be written.

For years running, Kansas City has been voted one of the best barbeque hotspots in America. But KC does not just have great barbeque, there are many new and upcoming restaurants.

"Jerusalem Cafe is my favorite restaurant, it has the best Greek food, hands down. But I love going to Broadway Cafe for a good cup of coffee," Isabel Baughn, junior, said.

One of KC's newest restaurant additions, is Voltaire. Named from the French writer and philosopher during

the Enlightenment times. Voltaire serves anything from biscuits and gravy to European Sea Bass. If looking for a classy, unusual restaurant, Voltaire is an eatery that will not disappoint.

Chophouse, has

quickly taken a monopoly of Fish Restaurants in KC. The menu is changed daily to accommodate customers demands and make sure diners have the freshest food possible. Since it is opening in 2013, it

has announced the opening of two other locations, in St. Louis and Denver.

"One of my favorite KC restaurants is Eden Alley, it is a vegan restaurant in the basement of Unity Church on the plaza. I like it Because of the unusual dishes they serve for a vegan place," Maggie Curran, junior, said.

Built in an above street level, is a two week period in Victorian house in downtown KC, Novel, gives a new spin to traditional American food. Novel serves all sorts of different pallets, whether in the mood for meat or fruit, Novel can put any dish you 801 Fish, a spin off of 801 crave with a special twist.



A skyline view of the World War 1 musuem located in downtown Kansas City, Missouri. Courtesy of www.academics.nsuok.edu

Kansas City is a town filled with all different cultures, colors and communities, generating a town with a plethora of different festivals festival. Tickets are \$17.95 a to fill a weekend with.

"I would say my favorite festival to attend is the KC Fringe Festival in July! It

which there are tons of new musicals and plays playing throughout all the theatres in town. This past year I saw 12 shows over two weekends and it was awesome," Ally Banks, sophomore,

> For a month in KC, people can travel back in time to the Renaissance time period to eat turkey legs the size of a small child, watch jousting tournaments and play renaissance themed games. The Renaissance Festival is an annual fest in KC, every weekend

starting September 5 through October 18. Starting here in 1977, the Renn Fest is one of KC's most talked about and loved person for a full day of time travel.



A sunset view of downtown Kansas City Photo by Haley Hynes

downtown KC

The Nelson Atkins

tion. Whether someone

turesque museum. Hidden

around Kansas City are

strange and unusual mu-

"One of my favorite

toured.

seums, just waiting to be

places to go with friends is

the Nelson, because it has

a wide range of art, a really

great restaurant, and they

usually have cool events

unknown museum is Lei-

la's Hair Museum, the only

hair museum in the world.

there," Curran said.

One of KC's most

A small, quaint place,

where a woman collects

hair and spins it into all

sorts of different things,

like wreaths, dolls and

Coming up this weekend, just outside of KC, is the this fest people can ride hay rides, drink a cup of hot apple cider, freshly picked and produced at the Cidermill, or even play in a pumpkin patch. It is a perfect place to bring in the fall season, and while there, do not forget to buy a dozen of their famous Apple Cider Donuts.

"I love going to the Plaza Art Fair, because it has so many different artists displaying their work and has amazing street vendor food," Maggie Curran, junior, said.

Voted KC's best musical festivals, it is not hard to understand why the KC Vine Jazz and Blues fest is returning for the 18th year in a row. On October 10, starting at 10 A.M. This fest will feature headlining Lazz bands, as well as local

even family trees. artists. If interested the Fest will take place at the

Another quirky museum here Louisburg Cidermill Fest. At American Jazz Museum, in in KC, is The National Museum of Toys and Miniatures. This museum shows the Museum of Art is one of development of toys over the vear, and has a collection of KC>s most prideful attracsome of the most rare and is just touring the area or antique toys and miniatures out looking for a day to walk there. around the halls of a pic-

A few not as well known museums around KC are the Puppetry Arts Institute, Jesse James Home, Patee House Museum, the C.W. Parker Carousel Music Hall will be hosting Museum and the Glore Psychiatric Museum.

One of KC>s newest and most recognizable buildings is the Kauffman Center for the Performing Arts. Built in 2011, it has added a touch of unusual beauty to the skyline of KC. Ballets, musicals, symphonies, all sorts of performing arts have performed on the stage. Coming up at the Kauffman Center is Kristan Chenowneth and the Kansas City Symphony a brand new restaurant, KC on October 2, the opera *Don* Giovanni, on October 3, and The Three Musketeers' opening night is October 9.

"I like to go to the Kauffman_

symphonies because it is beautiful, but I love going the Uptown Theater for concerts, because it is in a cool area with great vibes," Curran said. The KC Repertory Theater, located on the campus of UMKC is starting again for its fiftieth season. For the next few months the Kansas City Repertory Theater will be showing musicals such as Sunday in the Park with George, ending October 4. Right after that show will be opening night for Blueprints to Freedom, starting October 16 and running until the 15th of November.

Center for classical

One of Broadway's most voted for and loved musical, is Wicked. Which is the prequel to The Wizard of Oz. The this show once again, from October 7 to the 18. Other than Wicked, the Music Hall will be hosting shows such as: Kinky Boots, Ragtime, Dirty Dancing, A Night With Janis Joplin, and Newsies.

KC's love of the arts; food, festivals and friends, makes KC a place great for going out with friends and family. Whether walking around an art festival, to sitting down at has something for everyone.

STAR WARS THE FORCE AWAKENS: THEATERS

ZoeRickman-StaffReporter

What is a better Christmas present than parents going out to the movies and watching something that takes them back to their childhood? Or grandparents going to the movies to see something that at the time it came out, was so popular that it shook the world? Star Wars comes back to life, in theatres everywhere, December 18, 2015.

The Force Awakens is set approximately 30 years after the events of Return of the Jedi and features new leads Finn, Rev. and Poe Dameron but they seem to be keeping the summary of the movie a secret until it is released.

Star Wars is an American epic space franchise centered on a film series created by George Lucas. In 1977, the first film was released (Star Wars: A New Hope) and became a worldwide phenomenon sweeping nation after nation off of their feet. The overall box office revenue generated totals \$4.38 billion, making Star Wars the fifth-highest-grossing film series.

The last Star Wars film, Star Wars: Revenge of the Sith, was story is back with fresh new characters and newly advanced technology that will make this movie seem real.

"I was excited to hear that Harrison Ford will be in the new movies. I loved watching him play Han Solo when doline I was little and I cannot wait to see if he still has it." Mia Rickman, senior, said.

That is right, many actors of the past Star Wars films will be returning to the big screen: Harrison Ford as Han Solo, Carrie Fisher as Princess Leia, Mark Hamill as Luke Skywalker, Anthony Daniels as C3PO, Peter Mayhew as Chewbacca, and am very Kenny Baker as R2D2.

"I have a single message to everyone in this room and watching around the world. vou then we would not be support, your enthusiasm and your passion. My entire adult life I have felt so much than just fans, you're family," many people back to when Mark Hammil, actor, said.

Along with the classic characters being played by the same actors, new and younger actors have been

added to the franchise. Lupita Force Awakens trailer. If not Nyong'o as Mas Kanata, Andy Serkis as Supreme Leader, Domhnall Gleeson as speculate and find tips and

General Hux, Gwen-

Christie as Captian Phasma, John Boyega as Finn and Adam Driver as Kylo Ren.

excited to

Star Wars VII poster gets fans all over the world to direct "I excited for the upcoming movie. Courtesy of buzzfeed.com

RETURN TO THE STARS

EPISODE VII

see the new Star Wars movie. write Episode IX. Johnson The movies came out when I later confirmed in August was a kid and everybody was that he would be directing Thank you. If it were not for excited to see this new thing the film. In August 2015, that ended up being such a here. It never ceases to amaze huge success. I'm taking my me. I am so grateful for your son to go see it when it comes out," Bob McIntosh, science teacher, said.

Not only will this movie be to Star Wars: The Force love from you. You are more great for kids, but it will bring *Awakens*. Little information they first saw the movie (courtesy of screenrant.com). There is still time to see all Story (2016) and Untitled of them before the new film series begins. Any second now, the world are going to

this month, then the next. Until then, we're all left to

clues in the merchandise coming out for the new movie. On

> June 20. 2014, Rian Johnson was announced Episode

> > VIII and

Colin Trevorrow was announced to direct Star Wars: Episode IX, and that is the only information available for the two films prier has also been released about Rogue One: A Star Wars Han Solo Anthology film (2018), the new Star Wars related films, yet they seem

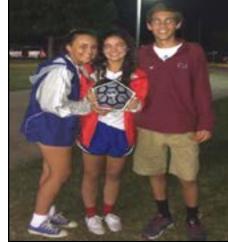
Star Wars is back after 10 years and it is better than ever; supported by advanced CGI equipment and motion capturing technology to really bring this movie to life and make it seem even more real than the originals.

released in 2005 and now the get that third Star Wars: The to be equally interesting.

HOCO & FUN



Madison Sweat (Senior): He filled my car with balloons during school and came up behind me to surprise me when I walked up to my car. The best part was that I was not expecting it. I'm most excited for pictures and spending the evening with my friends and him!



asked me and put "Katie, do you want to go to Homecoming with me?" on a soccer ball. I was surprised at first but I kind of knew it was going to happen. I like picking out my dress, getting ready



outside in the dark with a sign made out of glow sticks that said "HOCO". I was really caught off guard, but I was so happy because I didn't get asked to a dance last vear so I'm excited that I have a date for this year!

and going out to eat so I'm

looking forward to that the

Alex Haffner (Junior): Colin created a clever sign using my nickname and my sport and surprised me during Bronco Time with all my friends in my favorite teachers room, Mrs. Hollingsworth. The best part about how he asked me was the quote he thought of and the originality of it. I'm most excited for the hanging with my friends and the entire weekend of Homecoming



HALLOWEEN WORD SEARCH CAULDRON MONSTER LIGHTNING POLTERGEIST

GOBLIN

MALEVOLENT

SCAREGROW MAUSOLEUM CHAINSAW

MACHETE SCYTHE SKELETON

OCTOBER 2. 2015-ENTERTAINMENT LEES SUMMIT NORTH HICH SCHOOL

Friday Night Football under the Lights

Lexie Talpers-JuniorEditor

UPCOMING GAMES

October 2: vs Battle

October 9: vs Blue Springs South

October 16: vs Blue Springs*

*Away Games

★ fter undergoing many Anew changes, the football team has emerged as a totally new program with a complete- be and to do what we're ly new attitude for the 2015

The football team struggled last year with only winning one game out of the nine regular season games they played. After receiving a new head coach, the team is back in on and off the field while action this fall and have been working hard all preseason and for the younger, aspirall throughout the summer and ing football players just are focused on winning more than one game.

"We did a lot of agility which made a lot of people a lot faster and we worked on

our footwork and got better footwork which has helped a lot," Nate Webb, senior, said.

The team has definitely improved from last year, already winning more than more game and looking to add more wins to the already good start to the season. A good mindset is always key to success and all of the players feel more confident recognized as the Kansas City in their abilities and talents on the field alongside the talents their teammates possess.

"Our mindset is totally different this year, everybody believes that we can win and we can actually do good this season," Alex Davenport, junior, said.

The players have started to trust each other more on the field and have learned to count on each other and to play as a individuals.

"We trust each other a lot more this year to be where we're supposed to supposed to do and that's why we've started the vear like we have," Webb

The older members of the football team are always trying to be leaders they set good examples entering the program.

"Some advice for underclassman players would be to don't take any

day for granted and work hard every day. Try to become the best player you can become," Brock Overton, senior, said.

The football team has changed a lot over the course of a year and a lot of the success can be found with their new head coach Jamar Mozee. Coach Mozee was even Chiefs Coach of the Week for for everybody and all of our the week of September 7.

"He brings a whole new atmosphere to practice and we senior, said. are having fun out there and it is not just like it is our job to go out and play," Overton said. starting with the fact the team

team improve overall but also and there is nothing they has helped individual players improve their athletic abilities. work, believing in each other

"He's helped me with a lot of small adjustments as far as united team and not a group of me putting the ball somewhere it could just be a foot differ-

ence but that could make all the difference in the world," Webb said.

The boys have started to feel pride as they represent the school with a crosstown win against Lee's Summit West on September 18, with a 13-9 victory.

"I think this year we are going to put on a good show games are going to be good games," Tyler Lovelace,

Overall the football team has improved drastically, Coach Mozee has helped the has won more than one game cannot accomplish with hard and trusting their coaches.



Nate Webb and Coach Mozee agree on their next play during a timeout.

Photo by Megan Busse

FRIDAY, OCTOBER 2, 2015-SPORTS LEES SUMMIT NORTH HICH SCHOOL

LADY BRONCOS: EXPANDING THEIR HERD

CarolineLuna-FeatureEditor

LSN 2015 Girls' Tennis team have over 60 girls on the courts for this season. The no cut program has caused a numerous turnout of girls. This will help prepare the team to thrive for the many years to come.

When you are out there you Coke, junior, said. The tennis team 1 cannot really describe it. I get all strong over the years, becoming to support each other. Another pumped up and in my zone. This state winners, along with other season I have won individual matches, singles and doubles. It has been fun, and the girls are great" Logan Morrissey, senior,

This year's team continues to play in matches and tournaments, along with daily practices. The team is determined to make this year just as successful as past

"Our team has definitely been working very hard this season. We have a lot of tough opponents nament against Blue Springs we are playing against. We have a lot to live up to this year because our previous players were really advanced, so we have big shoes to fill this year," Adriana

The tennis team has remained major victories. They hope to keep building a strong team.

"I love the people on my team. I love the girls on the team and spending time with them. I am looking forward to getting to know more of the girls as the season goes by. We have sixty girls so I want to be can," Coke said.

The girls' tennis team took a win in the previous tour-High School and Park Hill and then in a previous tournament against high schools in the surrounding area.

"My goals for the team are

Logan Morrisey takes a swing at the ball to retrieve it back to her opponent.

Photo by Megan Busse

for us to be able to build each other up and always be able goal for us is to win districts. It will be a challenge but if we work hard we have a chance. Personally my goals are to become a better all round player," Coke, said.

The team's bonding has allowed them to stay close on and off the courts. The well motivated team is ready to able to get to know as many as I have a strong rest of the season and bring on whatever comes there way to make this season a success.

"We are being very supportive of each other. Individually, we are trying to be the best players we can be, and we are just focusing on the game," Emilee Dent, senior, said.

> The hardworking team remains motivated and hopeful in order to continue the legacy the LSN girls tennis team has set in the past for the girls to see through.

"We play our individual game, do your best, and it also goes back to the team. Then it becomes a team sport. You focus on your own game, and then in the end everyone contributes to the team. Hopefully we can win districts,

Seniors: Logan Morrissev **Emilee Dent**

Varsity

Roster

Juniors: Adriana Cok **Emily Masters**

Erica Sullivan

Emily Pitcher

and individually, I just want to do my best this year. I do not want to give up because I'm intimidated by the people I am playing against. I am trying to stay motivated," Erica Sullivan, senior, said.

The girls want to get to know one another better to hopefully become even a closer team for the remainder of the season. This year's determined group of girls is ready to handle whatever comes their way and keep LSN at the top.

SPORTS-FRIDAY, OCTOBER 2, 2015 2 LEES SUMMIT NORTH HICH SCHOOL

THE ROAD TO SOFTBALL STATE CHAMPIONS

BlairClark-StaffReporter

Save the Date:

October 7: Varsity Softball District Tournament Starts.

October 14-24: State Tournament

oing into Districts, the is the key to success
Broncos have played every at this point in the team they are up against during the regular season. This adds a degree of difficulty to the game. Since the other teams have seen how the Broncos play, it gives them ways to strategize to also a big part of the win. This method goes for the Broncos as well. Both teams will have advantages in this way. varsity, they all agree This could either help or hurt the that the seven seniors Broncos.

Personal strategies are just as important as team strategies. Sarah Lewis, senior pitcher, talked about doing everything

With the Lady Broncos varsity softball team coming off of a hard fought season, they head into District play, battling against LSHS, LSW, Raytown, Raytown South and Truman High School in the fight to be State Champions for the first time in school history.

she can as a player to help her

"When hitting, I have to do whatever Coach tells me to do. But while pitching, it's up to me to hit my spots," Lewis said.

The smallest things, such as just getting on base, will move the team closer to the win. It is the little things each player does that will help them win as a team.

"I can't let what happened in the past affect my play later on. I always try to keep a good positive attitude so I can be confident and have fun while I play," Lexi Rampetsreiter, senior, said.

Every player has their own

role while hitting or fielding, but the only way they will win is as a team. Winning is the key to success season. Not a game can be lost which adds more stress on the players.

Team leaders are game. With underclassman playing on on the team do a great iob leading them.

"One of our biggest team leaders is Bailee Billington. She always knows

Since there are seven seniors, they have experienced the stress districts, but from past games, and competition they will be facing which will all around help the entire team.

"The pitching is harder in Districts and State but the most stressful part is knowing if we lose one game we are done," Emily Clark, junior, said.

The tougher the opponent. the more stressful the game can be. LSHS could possibly be the most stressful game for the varsity softball team considering ship game being played at 10

how to bring us up when we are they have been State Champidown or just in general, puts us ons the past two years. The task in a positive mood," Rampetsre- of defeating LSHS is not out of reach for the Lady Broncos. It will be their toughest game of it shows that any team can beat another team on any given day.

> This year, Districts will be played at Truman's home field in Independence at Adair Park. District games start on the October 7 where the varsity softball team will try to make their way to the state, which starts on October 14. The State tournament will wrap up on the October 24 with the champion-



Courtny Matthews hitting the ball during the LSN vs LSNHS game. Photo by Blair Clark

THE BUYS ARE BACK AT IT

HaleyHynes-StaffReporter

The Boys' Swim and Dive team is off to a great start when comparing to their record last year. With a couple of wins and a lot of state qualifiers, including all three relays, the boys have high expectations for the remaining season ahead.

When approached by the Athletic Director Mike McGurk, last year, Brian Ray, English teacher, could not deny the position of head coach. With high expectations and plenty of goals, Ray is ready for the team to do great things.

"The team has decided to win conference, relays should place top three in the state competition and, personally, I would like the team to get top three at the State Competition. For all swimmers, regardless of their abilities, everyone should swim their best and should be getting personal records," Ray said.

Ray also believes that the team should not get too overconfident. But he has reasons to be sure that the team can do this. He has done doing, Littell especially loves the plenty of research to prepare for commodity of the team

this season.

"We have done a lot of studying of other teams, plus a lot of in depth analysis of our own swimmers," Ray said.

When talking to the captains, David Maksin, senior, and Josh Littell, senior, they both believe that the varsity and junior varsity teams are off to a great start as

"The boys are working hard and we are looking for some redemption," Maksin said.

Last year the team got second at the Suburban Conference meet. Maksin and the other team members want to be able to redeem their win from two years ago in the 2013 season.

Other than how well they are

The swim team warming up to try and improve their times.

Photo by Megan Busse

"Everyone just gets along really well and there are never any problems." Littell said.

Liam Bresette, a sophomore, has decided to take a shot at North's swim team this year.

"I thought it would be fun to swim with the other guys. I'm ranked first in state in a couple events included 500 free, 200 free, and 200 IM," said Liam Bresette.

An Individual Medley (IM) is where the swimmer swims each stroke (Butterfly, Backstroke, Breastroke, and Freestyle). When swimming the 200, there is a 50 of each stroke swum.

Bresette has some very ambitious goals for his first try at high school swimming.

"I would like to get all the state

cuts, set some state records, win state as a team and individually, Bresette said.

The divers on the other hand have never really spent any time in the limelight. Most of the students do not know this but, Lee's Summit North actually has two of the best in state. Daniel Valmassei. junior, is one of them

"This years going really well and

October 6: Lee's Summit West

October 9-10: Truman

October 22-24: Conference Championship

November 6-7: State Championship

I'm already qualified for state. I am looking to do a lot better this year now that I don't have two broken toes," said Valmassei.

The second of the only two divers on the team is Jordan Stark. iunior. He also qualified last year but has not achieved the cut as of right now. That does not mean he is not trying to perfect his dives.

"Right now I am working on my form. I was in better physical shape last year. I am going to have to work at it but I can definitely do it," said Stark. Every student will definitely

want to make sure that they pay attention to this potential State-winning team.

THE BOYS SOCCER TEAM: ROAD TO STATE

WillMauer-StaffReporter

UPCOMING GAMES

October 5: vs Blue Springs

October 8: vs Liberty*

October 12: vs LSW

October 15: vs Rockhurst

*Away Games

The soccer team had work-**1** outs throughout summer, conditioning, and practicing for the upcoming season. The morning practices cut into the players sleep schedule, but in order to be a good team, all players need to sacrifice and be unselfish to win games. According to the players, the morning sessions were very beneficial to them.

"Hard work eventually pays off in the season," Cole DeRousse, junior defender, said.

Coming in during the summer also helps welcome the new players, and get a gauge on the future classes. It's important for the upperclassmen to get to know and help coach the future

Summer vacation: the hot days of hanging out with friends, not having to worry about school and, the best part of it all, sleeping in...at least for most kids.

of this program.

"It is always good to see the new faces of the incoming fresh- It has been a tough task replacman and the future classes." Jackson Willard, senior forward

Perhaps the hot summer in the winter have worked, the team has had an adequate start, going 6-4 through their first 10, but dominating the games they won. They have been playing favorable soccer, and the tactics may have something to do with

that involves two outside wing backs that act as midfielders and they get up the field and throw in a lot of crosses, and that has really been helping us out," DeRousse said.

The team's new tactics are helping the soccer team win games. It is important for everyone to be on the same page, so the whole team is in correct position during the most vital moments in the game.

Also a focal point for LSN is possession. "If they don't have the ball they can't score," Parker Moon, junior midfielder, said.

Last year the varsity squad went 16-5, and made it all the way to Districts

before falling to rival LSHS, but on what they need to do in that team graduated 11 seniors. ing those seniors, but the team has good chemistry and has bounced back very well--but to make it further than the team of practices and the early mornings yesteryear, they need to clean up middle, like David Silva of a few things.

> "Our maturity as a team, it has The team is playing at an exto be there for us to go far, we have to have self discipline as a team," Willard said.

only seven seniors this year, so maturity will grow throughout "We are using a new formation the season. DeRousse and Moon in how the season will play out. believed it was the communication on the defensive end of the field, as they are giving up too many goals because they are not ber, the Boys' Soccer team tries on the same page at times.

Although the team is focused

order to win games, the guvs look up to the professionals for inspiration. Willard tries to emulate Bayern Munich striker Robert Lewandowski and Moon, the maestro in the Manchester City.

tremely high level, yet there is always room for improvement. The team must focus in order The team is fairly young, with to win games. From the goalie to striker, all eleven guys on the field have an important role From the hot mornings of June and July, to the triumph that comes in September and Octoto capture its first State title in school history.



The 2015 boys soccer team having a pep talk before their game against Ray-Pec. Photo by Haley Hynes

26 Friday October 2, 2015-Sports Lees Summit North Hich School

Fantasy Football: THE NERDS OF THE GRIDIRON

WillMauer-StaffReporte

Sundays in the fall are the greatest time of the year for a number of reasons: men and women abroad prepare for their teams games by doing pregame rituals or tailgating outside the stadium. Then there are the guys sitting at home playing fantasy football.

Tigorously typing, trying to find who to start. Three different TVs on three different fantasy football pregame shows. The radio is blaring why a certain player will dominate and love to play. how another will be nonexistent.

Fantasy football is a colossal moneymaker and all the big companies are getting in on it. Draft Kings is the largest fantasy way to meet new people with sports website in the nation, and they do not just make money on uniting. football. Ranging from baseball to golf, almost any sport has its own version of fantasy. They will be giving away \$1 billion in prizes this year, for all sports, and over \$200 million specifically for fantasy football.

"It's crazy how far fantasy football has come. It's going to be even crazier in 10 years." growing at an incredible rate.

Fantasy football is not just for the middle aged armchair quarterbacks, but students also

"I play because it is a great way to hang out with friends," Dennis Crull, junior, said.

Fantasy football can be a great similar interests, football lovers

In fantasy football there are three different options for choosing how to draft players. There is an auction format, where every player is available to everyone, and owners deal with a salary cap, so users have to manage your money wisely. Another format is the snake format, which most users operate

FANTASY

FOOTBALL

Courtesy of www.fantasyfootballers.com

Garrett Mason, junior, said. It is with. It is a process of drafting players, one by one, exactly the same as how they do the NFL Draft. The final way is doing the draft offline, where the computer makes the pick for you, widely known in the fantasy football world as the least interesting approach.

> "My favorite pick by far was getting Julio Jones" Ike Okonkwo, junior, said, "I try to get players that are underrated, that can show up at opportune times."

However, there are other draft strategies that work.

"You have to get a couple of stars, but in the later rounds you need breakout players that no one knows about," Mason said.

Okonkwo and Mason's draft style is not unique: it is a smart and an effective way of drafting especially in the later rounds. It is a lock that owners will need to draft big names early, but later on in the draft owners will need to be aware of the lesser-known players in order to build depth for their squads.

Playing fantasy football gets ordinary people and turns them into diehard fans. Most football fans around Kansas City are focused on the Chiefs, but playing playing for money is the norfantasy football will enhance fans to watch other games, which only benefits the NFL.

"It will probably make me want to scout my team as the season goes along," Crull said. Once someone starts playing Fantasy Football **Fun Facts**

First created in 1962 by three people:

- 1. Wilfred "Bill" Winkenbach
- 2. Scotty Stirling 3. George Ross
- 33 million people play fantasy football

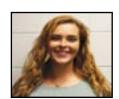
20 percent of the players are women"

The average player spends 110 dollars on fantasy football

fantasy football, it is hard to stop. Fans around the nation are addicted, and because people can now pay to play, it can only get bigger. Winning your league and gaining bragging rights over friends just does not suffice anymore, and now mal way to go about it. Fantasy football is not a one-year deal. it has players locked in for seasons to come, just like Crull, Okonkwo and Mason, who all agreed would be playing in the

SPORTS-FRIDAY, OCTOBER 2, 2015 LEES SUMMIT NORTH HICH SCHOOL

STUDENTS FRUSTRATED BY WEBSITE BLOCKS IN PLACE ON NEW CHROME BOOKS

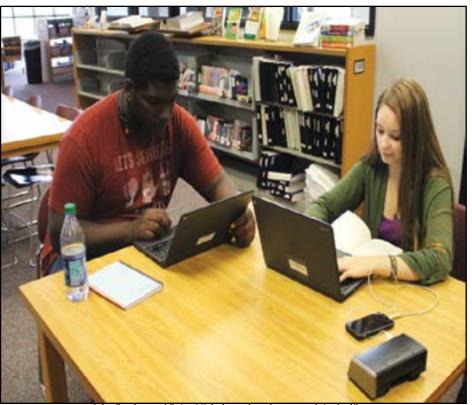


MarinCarey-StaffReporter

When the students at Lee's Summit North heard about the school district's plans to give each student their own chromebook to use during school, they were ecstatic. But they have now come to realize the catch: all of their favorite websites are blocked.

The system implemented on these student chromebooks has preset website blocks and uses a keyword blocking system so students can not search for inappropriate things. Considering the varying levels of maturity at this school it is understandable. But the keyword search filter has raised some problems because if a student wanted to do research on breast cancer for an assignment, they would not be able to because the word "breast" is blocked.

"Any time you get any sort of new content filter it is a process. There are things that are



John Sanders and Paige Nichols work on homeowork in the library.

Photo by Megan Busse

blocked that probably should not be and there may be some things that need to be blocked that are not, "Michael Russell, Library Media Specialist, said.

Websites like Tumblr, Netflix, and online shopping websites, such as Victoria's Secret, are blocked. I believe these websites should not be blocked. While they can be distracting in a school setting, they have their uses that could be applicable to the school setting. For example, a teacher could tell the students to access Netflix and watch a documentary on a relevant topic and take notes. But they ca not access these resources on their chromebooks. And they should be accessible in our free time or at home for those of us who do not have computers.

"I think they are not appropriate because as students we want to be able to check our social media throughout the day and some kids do not have access to computers at home and they have the chromebooks now but we can not access the things we want to," Haley Guynes, sophomore, said.

This is extremely frustrating because as someone who does not have a personal computer, being able to listen to music on YouTube or watch a show on Netflix would be really

great but that is not an option because of the website blocks. If there was any way to just block the websites through the school's internet that would be ideal, rather than having them blocked through the software of the computer. That way those of us who maybe do not have ready access to computers at home can have these laptops as a possibility.

I believe that the school should be able to trust the students to not be using their freedom with the chromebooks irresponsibly while at school or during inappropriate moments, they should not have to completely block the sites at all times.

"The kids are doing a great job, the technology has been working for us, we have had no issues. The only issue has been the printing," Elizabeth Bock, Chemistry teacher, said.

And with the students that cannot handle that freedom, the teachers should be responsible for making sure the students are not on those sites while in class. In conclusion, the website blocks are too extreme and they should not be in place, at least not during after school hours. The students are frustrated, the system has faults and administration should be able to trust us to make the best decisions when it comes to the freedom they could potentially give us.

Block Days are Troubling Students' Focusing Abilities



Savannah Mullen-Staff Reporter

High school classes are hard to get through even in the 47 minute period, but it is even more irritating to get through the block days, sitting in a class for 93 minutes, constantly taking notes and trying to focus on the task being done.

In 1996, two professors did a study on human attention span and discovered that teens can focus for a solid 15 minutes. After the 15 minutes, students zone out and need a three to four minute settle down period to get focused again. I believe that students have a shorter attention span now but can still focus the whole 47 minute class period.

Meanwhile, with teachers on block days they may or may not have a plan one of the days. Lauren Hollingsworth believes that it is very difficult to have a long plan one day and no plan the other, which means no breaks. With not having a plan one day it is challenging for the teachers to not have a time to recover for teaching classes constantly.

"I am unable to be my best for my



Students wander around before their busy block days begin.

Photo by Blair Clark

students on the longer block days," Hollingsworth said.

If our teachers are worn down on one of our longer class period, how are students suppose to focus for both days not having a break. Some students agree that classes should be shortened and that Bronco Time should be on Thursdays to have more of a break. Students believe that daily days are more broken up because they get tired of sitting for an hour and a half.

On daily days there is one lesson but with the block days they are double. With that, studies show the more stress the student is in, the lower the attention span. That corresponds with the two lessons on block days, more lessons, more stress and less attention spans.

"They are too long and I like just daily days better because they are more broken up," Hailey Phillips, sophomore, said.

On block days there is some perk to it, as of taking a test. If students are not planned to take a test then what is the point to do more than one lesson and try to process both of the lessons while trying to process every other class.

I however can not last a whole block period without going insane and having my foot fall asleep at least once. I would assume a good chunk of students have that issue also.

In mornings the first class period on block days is very tough to get through because students are still waking up. I, on the other hand, have that issue on one day more than the other because of my class.

More than that, students will agree with me saying that some days are more unfortunate for the reason of their schedules.

"If I could change my schedule I would because my schedule does not work how I would like it. I have all of my dreadful classes on one day," Caitlin Brown, sophomore, said

As for me I have all of my harder classes on a block day, which means for tests, if they ever are on the same day it will be very stressful.

Block days are stressful, as for me it is the worst thing about high school. The daily days are great with the 47 minute period it works perfectly but with the 93 minute class they are a struggle.

FIGHTING FORA CHANGE SCHOOL LUNCHES



GracieSnook-StaffReporter

School lunches may taste and look good but the fact of the matter is they may not be good for you. All the food looks fine but we have no idea what goes on behind the counter.

"I think that school lunches are over priced, but they taste just fine," Devon Durbin, sophomore, said.

The cafeteria staff must work with strict money restrictions to buy the food and are required to put a set number of calories in each meal, along with the sides and drinks. Lori Danella, school nutritionist, is responsible for making the entire menu for each week.

"Most of our students have been polite about our food but yes some of them are rude," Jill Bruce, Assistant Manager, said

Considering the strict rules they are required to follow, the cafeteria workers believe their food is healthy.



Courtesy of www.babysitting.academy

"In general yes, I mean they are healthier than some of the stuff they serve," Tyler Finley, junior, said.

Students have requested that healthier food be served, including fresh fruit, more vegetables and a bigger selection of drinks.

"I would probably say put more drink options out, that are not gross," Catie Wolff, sophomore, said.

A large part of the cafeteria staff's day is spent preparing food for students and staff. Bruce talked about meals that were the easiest and took the least amount of time and the ones that are more complex and require a larger time span.

"Well I do not know since I do not cook it myself, cooking the meals is not all the details, for instance we have to wrap certain foods and get them ready. Some things are harder than others, so that would be a hard question. Obviously the more complicated the meal, the more time it is going to take. So probably something like a chicken nugget or a chicken strip." Bruce said.

I think that if we expand the shopping to other wholefood stores and use the money wisely, we can make the lunches much healthier. Students said they preferred if there was a bigger variety of drinks, fruits and vegetables.

The lunches are the same but rotated, so they could choose different meals every week. Including more baked meals instead of fried, oily foods. Students after a while get tired of pizza, chicken and pasta. They want to see healthier foods along with different meals. Some examples of healthy inexpensive meals are casseroles, pasta and soups.

Chicken is served way too much, and it is all processed meat, which makes it even more unhealthy. It is the same chicken. frozen, thawed and heated, just with different names. Another downside of the amount of unhealthy food is the fact the free and reduced lunch students are forced to eat that food everyday.

They do not have the choice of eating the healthier foods because they are way more expensive. Eating the same food every week is gross. The food becomes boring and old. Nobody enjoys eating the same meals so why limit those kids to just the unhealthy food?

There is no reason why they should be required to choose from those foods. Together we can change school food once and for all.

How to Survive High School



ZoeRickman-StaffReporter

tudents at Lee's Summit North are already into their third month of the 2015 school year and it finally feels like the students are getting into the swing of things. With new freshman students starting their first year of high school, things can get pretty hectic in the hallways.

Students repeatedly inform teachers that their during-school-year stress levels are much higher than they think is healthy and they believe that it is much more high than adults. According to a survey given by American Psychological Association. "The agency's Stress in America survey found that 30 percent of teens reported feeling sad or depressed because of stress and 31 percent felt overwhelmed. Another 36 percent said that stress makes them tired and 23 percent said they've skipped meals because of it. On average, teens reported their stress level was 5.8 on 10-point scale, compared with 5.1 for adults (courtesy of germmagazine.com).

"At first I was really nervous to start high school and I was constantly asking my senior cousins for advice. They told me that it would be difficult to start out, but once you got used to all the new people and teachers it would get easier and easier by the day," Erin Mueller, freshman, said.

That is true! On the last day of freshman year, you will be telling yourself that that was not so bad. Until you get to sophomore year. Rumor has it that sophomore year is the hard-



Photo by Blair Clark

est year of high school. Multiple teachers and students can agree with that, but not all.

No matter what year you are in you should put as much effort and dedication into your schoolwork and studying as you can, now matter how hard it may be, because it will definitely pay off in the long run. Colleges look for strong and dedicated students, and even though it may seem exhausting and stressful during the time, it will make things a whole lot easier for you in the future.

Being a senior in high school, you may have thought that this year would be the year to relax Many students think that this year is the year to wind down and not try their best, but that is not really the case. Trying hard in your senior year will be just as beneficial to you as working hard in all of the years before. Your high school years should be filled with learning and gaining education that will benefit your future, even though it seems that it will not at the time. So no matter how many times you ask your teacher if this will have anything to do with your life outside of school, they will gave you the same

High school is full of opportunities for multiple people with different interests, whether that be sports, music, art or even anime. There is always something for every student.

"I never thought that high school would be as easy as it is. I was afraid of high school all throughout middle school, but as long as you stay on top of your game it will make things easier for you" Zach Mann, freshman said.

For the new students, here are some tips to get you through your first year: Make sure you get a map of the school, that way you can avoid asking teachers and students and get to your classes faster without searching the entire school for your English class. Make sure to memorize your locker number and combination. Nothing is more embarrassing than thinking that you forgot your locker locker combination and then later finding out that you were trying to open the wrong locker. Do not stop in the middle of the hallways, this will make the odds of getting pushed by upper classmen much lower for you. Also, make sure you have a printed out copy of your daily schedule, in order to avoid forgetting where or what your next class

Taking it easy the first couple of years of high school is more than easy but is never worth it. Do not skip classes and finish your homework. Remember, the teachers are not giving you homework because they hate you, they are giving it to you so you can learn. Take advantage of those assignments to further expand your education.

